

OFFICIAL MATCH DAY PROGRAMME SEASON 2012/2013 ISSUE 6

£3.00



### **CARLISLE** UNITED

**SWINDON TOWN** 

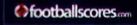


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SATURDAY 15 SEPTEMBER 2012 | KO 3.00PM















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## THE MANAGER



The Carlisle United First Team Manager is proudly sponsored by **CUMBRIA WASTE RECYCLING** 

#### Good afternoon and welcome to this afternoon's game against Swindon Town.

This one will be as difficult as any game we have had so far this season. Paolo has assembled a very strong squad and they will be looking to push on from their excellent achievement last season. It goes without saying that we will have to perform at our best if we want to get something today.

I'd like to take this opportunity to welcome Paolo, his staff and team to Brunton Park and we wish them all, along with the fans who make the trip, a safe journey home after the game.

Almost 600 of you made the journey across to Hartlepool last weekend and I'm sure it's a day you will all have enjoyed. The rare summer sunshine was matched by a performance on the pitch which we all wanted. We had to battle hard to get on top but even when we went a goal behind we felt there was something in it for us.

Credit to the players because they responded to the half time team talk and they thoroughly deserved the result in the end. The icing on the cake for us was to score both of our goals in front of the travelling support as they deserved a positive outcome for their efforts on the day.

It was a physical game and it was important for us to put the disappointment of losing in a penalty shoot-out behind us. I felt we did and the energy determination summed up the spirit which we have managed to develop in the dressing room over the course of the last few years.

We're delighted for Danny Cadamarteri because we felt he had earned his goal. He has worked extremely hard up front for us and hopefully that will continue as he pushes on from here.

alt isn't easy, but if we stick at it and stay together it becomes that much easier... .

This is an important period as the league starts to settle down and things begin to take shape. We have shown what we can do and, as with all teams, we are now looking for the consistency which will keep us in the top half of the table - which is where we all want to be.

It isn't easy, but if we stick at it and stay together it becomes that much easier.

Enjoy the match...





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### **CAPTAIN'S LOG**

WE'LL HAVE AN UPDATE FROM THE TEAM CAPTAIN/VICE-CAPTAIN IN EACH ISSUE OF **BACK OF THE NET** THIS SEASON AS HE BRINGS US VIEWS AND COMMENTS FROM THE HEART OF THE DRESSING ROOM...



#### **PAUL THIRLWELL**

"We come into this game off the back of a great result over in Hartlepool and I think it's fair to say that was a day out we all enjoyed.

We knew it was going to be a tough game and particularly when they had a big physical presence up front like Steve Howard. They like to get the ball up to him and, apart from the goal, I thought we dealt with it really well.

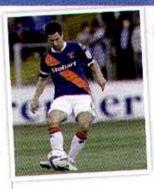
"Going behind at a place like that never makes things easy but it was one of those days where we knew there was something in it for us. Sometimes you have to stay patient and the reward for us sticking to the game plan was the equaliser from Danny. [Cadamarteri]. He's worked hard for that goal and it was a good moment for all of us when it found the back of the net.

"You have to give a mention to Dave Symington as well because he has got an unbelievable strike on him when he hits the ball right. He showed a lot of confidence to come off the bench and take that free kick, and the more senior players were happy to let him do it because we all know about the power and accuracy he can get. Danny obviously did his job by, following in and I think there was only going to be one winner once he put the rebound away.



"I think we all had a smile at the stick Matt Robson was getting on his return to his old club and I actually wish it was me who had come up with the – your chin is offside – chant

I actually wish it was me who had come up with the – your chin is offside – chant ...



in the second half. He took it all really well and I think I read in his post-match interview that it made him more determined to have the last laugh. He's our leading scorer at the moment, which is probably a surprise for a few, but I don't think any of the lads are taken back by it.

"He's another who gets forward well and who has a decent shot in him when he gets into the penalty box area. His goals have all come from him bending into the area from wide and it's something which causes problems for a lot of teams.

"Today's game will be a real test for us. Swindon are mid-table but they will still be on a high from what they did last season. They've signed some very good players and on their day they will be a match for anyone. It's the kind of game we look forward to, though, because they try to play football much the same way as we do. It'll come down to who does it better on the day.

"My final word this time round is another mention for the fans. I keep doing it in this column but I think that is only right and proper. You've been fantastic for us and it genuinely does make a



huge difference when you get behind us – particularly if we aren't playing as well as we would like during a game. More of the same this afternoon please."

Enjoy the game.



# MEET THE VISITORS SWINDON TOWN



Nickname - The Robins | Home: The County Ground | Formed: 1879

- Swindon Town Football Club was founded by Reverend William Pitt of Liddington in 1879.
- The team turned professional in 1894 and joined the Southern League which was founded in the same year.
- Swindon reached the FA Cup semi-finals for the first time in the 1909-10 season, losing to eventual winners Newcastle United.
- In 1910-11, Swindon Town won the Southern League championship, earning them a Charity Shield match with the Football League champions Manchester United. This, the highest-scoring Charity Shield game to date, was played on 25 September 1911 at Stamford Bridge with Manchester United winning 8-4. Some of the proceeds of this game were later donated to the survivors of the Titanic.
- Swindon entered the Football League in 1920 as a founding member of Division Three and defeated Luton Town F.C. 9-1 in their first game of the season. This result stands as a record for the club in League matches.
- The club secured their first ever promotion in 1962/63. Bert Head's young side finished second in Division Three and included players like Ernie Hunt and Mike Summerbee.
- In 1969 Swindon beat Arsenal 3-1 to win the League Cup for the first and only time in the club's history. Roger Smart opened the scoring before two goals from club legend Don Rogers sealed victory.



- Despite a number of management changes, Swindon went through a long unsuccessful period culminating in them being relegated in 1982 to the Fourth Division.
- Following the appointment of Lou Macari in 1984, they were promoted as Division Four champions in 1986 with the club achieving a Football League record of 102 points, becoming the second club to score over 100 points in a season and breaking no fewer than 16 club records in the process. A year later they defeated Gillingham in the Third Division play-offs to achieve a second successive promotion.
- Macari left in 1989 to take charge of West Ham United with former Argentine international Ossie Ardiles replacing him. In his first season Swindon were Second Division play-off winners beating Sunderland 1-0 at Wembley. However, the club later

- admitted 36 charges of breaching league rules, 35 due to illegal payments made to players, and were relegated to the Third Division. A later appeal saw Swindon Town being allowed to stay in the Second Division.
- In 1992-93 Swindon beat Leicester City 4-3 in the Division One play-off final to achieve promotion to the Premiership — bringing top-division football to the club for the first time.
- They were relegated at the end of 1993-94 after recording only five wins and conceding 100 goals the latter record has yet to be broken. The following year, Swindon were relegated for the second successive time and slipped into Division Two.
- Swindon won the Division Two Championship in 1996 under the stewardship of former Liverpool midfielder Steve McMahon.
- The club were relegated to League Two in 2006 which meant that they became the first ever former Premiership team to be demoted to the lowest Football League division.



- Paul Sturrock was appointed manager in November 2006 and he guided Swindon to promotion to League One in his first season with the club,
- The club has been beset by financial difficulties throughout its history, having been placed into administration twice and also twice fought off winding-up orders from Her Majesty's Customs and Excise over unpaid tax-bills.
- In 2008 Swindon Town was taken over by a consortium fronted by local businessman Andrew Fitten.
- A disappointing season then followed, as Maurice Malpas endured a tough spell at the club, leading them into relegation trouble from which Danny Wilson did well to rescue them - guiding them to 15th in League One at the end of the 2008/2009 season.
- The 2009/10 season ended in Play-Off Final heartbreak for Wilson's men, as they went down 1-0 to Millwall, the club's first defeat at Wembley.
- After relegation back to the basement division in 2010/11, former West Ham, Sheffield Wednesday and Celtic striker Paolo Di Canio took the reigns at the County Ground, The Italian led the club to the League Two title in 2011/12, securing an instant return to League One in his first season in charge.

## MEET THE MANAGER

IN CHARGE AT SWINDON...

## Paolo Di Canio

Former West Ham United and Sheffield Wednesday striker Paolo Di Canio was unveiled as Swindon Town's new manager on Monday 23rd May 2011.

The Italian signed a two-year contract, and joined the club alongside assistant Fabrizio Piccareta and fitness coach Claudio Donatelli. The Town job is his first as a manager after a glittering and often controversial playing career.

Di Canio made a flying start to his Town career with a 3-0 home victory over Crewe Alexandra in League 2, with the Italian sliding down the touchline to celebrate his side's second goal of the game.

He guided the Town to the League Two title in 2011/12 and a place in the final of the Johnstone's Paint Trophy at Wembley.





First Team Manager

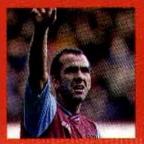
#### MANAGERIAL CAREER

TEAM	FROM	то	GAMES	WON	DRAWN	LOST
Swindon	20 May 2011	Present	68	40	9	17

#### **PLAYING CAREER**

CLUB FROM TO	FROM	то	FEE	LEAGUE		FA CUP		LGE CUP		OTHER	
			APPS	GLS	APPS	GLS	APPS	GLS	APPS	GLS	
Lazio	10 Aug 04	1 Jul 06	Free	0 (0)	0	0 (0)	0	0 (0)	0	1 (0)	0
Charlton	11 Aug 03	10 Aug 04	Free	23 (8)	4	0 (1)	0	1 (0)	1	0 (0)	0
West Ham	27 Jan 99	11 Aug 03	£1,750,000	114 (4)	48	5 (0)	1	8 (0)	2	10 (0)	1
Sheff Wed	6 Aug 97	27 Jan 99	23,000,000	39 (2)	15	3 (0)	0	4(0)	2	0 (0)	0
Celtic	31 May 96	6 Aug 97	£1,000,000	26 (1)	12	6 (0)	3	2 (0)	0	2 (1)	0
Milan	1 Aug 95	31 May 96	Signed	8 (29)	6	0 (0)	0	0 (0)	0	0 (0)	0
Juventus	1 Aug 94	31 May 95		0 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Napoli	1 Aug 93	31 May 94		26 (0)	5	0 (0)	0	0 (0)	0	0 (0)	0
Juventus	1 Aug 90	31 May 93		36 (42)	7	0 (0)	0	0 (0)	0	0(1)	0
Lazio	1 Aug 87	31 May 90		54 (0)	4	0 (0)	0	0 (0)	0	0 (0)	0
Ternana	1 Aug 85	31 May 87		27 (0)	2	0 (0)	0	0 (0)	0	0 (0)	0









### WE'VE MET BEFORE





#### United

0



#### Robins

0

Saturday 4 September 2010 | Referee: Mr Nigel Miller | Attendance: 5,689 (264 away fans)

#### Carlisle United

Collin, Simek, Chester, Michalik, McDaid, Thirlwell, Berrett, Taiwo (Robson 78), Zoko (Marshall 66), Madine, Curran. Subs - Caig, Murphy, Kavanagh, Price, Kane.

#### Swindon Town

Lucas, Cuthbert, Douglas, McGovern, Ferry, Pericard (Ball 64), Timlin (O'Brien 73), Morrison, Amankwaah, Kennedy (Sheehan 53), Austin. Subs - Prutton, Lecsinel, Dossevi, Smith.

New-signing Lubomir Michalik made his debut for the club as Greg Abbott was forced into making a change to the starting eleven for the first time this season as Ian Harte bade a fond farewell and headed off to Reading.

Fellow loanee Ben Marshall took a place on the bench with Jason Price also ready to go on his return from injury.

The Cumbrians had an early chance when a Berrett corner flew across the face of goal. Michalik was millimetres away from getting something onto it, but he couldn't quite make the connection.

Michalik completed the first of his defensive duties on 9 minutes when Amankwaah swung an early ball into the box. The big defender watched it and volleyed it behind for a corner as Pericard lurked.

Carlisle tried to step up the pressure with some decent deliveries into the area from Berrett and Simek, but Lucas was equal to them as he plucked them out of the air.

The Robins lost possession in midfield on 17 minutes and, just for a moment, Zoko raced clear. Amankwaah recovered to make the block as the nippy striker unleashed his shot.



A direct run from Sean McDaid had the Swindon back line back-peddling and Craig Curran took over with a well-placed cross. The Robins cleared and broke quickly but Austin dragged his shot wide from the edge of the box.

James Chester nodded the ball right at Lucas as it pinged around from a Berrett corner, but McGovern was inches away from opening the scoring for Swindon when he latched onto a Pericard nod back. The midfielder connected cleanly but his shot flew just over the bar.





## WEVEMET



Zoko was unlucky to see his 35th minute header from a corner deflect over the bar, but the Robins defended well as United tried to pepper the box.



Paul Thirlwell sent one over from distance after good work from Zoko had brought a blocked shot for Curran, and Carlisle had to defend in time added on as Austin burst into the box only to have his shot smothered.

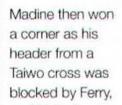
A flurry of crosses on 50 minutes ended with Michalik trying to steer a Berrett cross into the top corner, and Pericard miscued a volley when Swindon pressed forward as they cleared their lines.



The blue shirts pushed forward at every opportunity but the visitors stayed resolute despite the quality of the delivery.

Austin put a free header at Collin from eight

yards out when he really should have done better, and United burst forward in numbers as the keeper distributed it quickly. Zoko fed it onto Madine and the cross brought a diving save from Lucas as he had to react to a touch from his own man.





and Michalik also nodded wide as United kept up the pressure.

Ben Marshall went close to marking his return to the club with a goal on 66 minutes when he slid in to meet a Curran cross, but Ferry did enough to send it behind.

Lucas got enough to a Madine toe-end from a tight angle on 74 minutes as the game remained in the balance, and Michalik had to clear a goal-bound lob off the line as Ball nicked it past the outrushing Collin from a hopeful pass forward.



# **BEFORE**





Douglas was next to be wasteful as he blazed over from the edge of the area, and an inswinging free kick from Berrett went past everyone as it whistled past the far post.

Chester rose well to meet a Robson cross in the final minute but he couldn't keep it down and it rose high into the stands.

Austin was guilty of the miss of the game in time added on when he was sent clear by a back heel from Ball. He hesitated and it appeared to come off his shin as it whipped over the target.

The same man missed again when he tried to spin and volley but it was a difficult chance from a tight angle and it bobbled harmlessly wide.



# KEEP AN EYE ON THESE TWO...





#### Wes Foderingham Position: Goalkeeper

Swindon Town signed Crystal Palace goalkeeper Wes Foderingham on a three-month loan deal on Friday 14 October 2011.

The former England at Under 19 'keeper trained with the Robins on Thursday and has now penned a deal which will see him remain at The County Ground until 14 January 2012.

Foderingham, 20, first came to the attention of Crystal Palace in a pre-season friendly last season against Bromley where he put in an outstanding performance against the Eagles.

He trained with the club throughout pre-season and was signed in August 2010 before returning to Bromley on loan to continue his development as well as a loan spell at Histon.

The young shot stopper came through the ranks with Fulham's Academy but never made a senior appearance during his time at Craven Cottage. Foderingham enjoyed a prolific start to his Swindon career and didn't concede a goal in his first five games.

CLUB	FROM	TO	FEE	LEAG	UE	FA C	UP	LGE (	CUP	OTH	ER
Swindon	8 Jan 12		Signed	APPS 26 (0)	GLS 0	APPS 1 (0)	GLS 0	APPS 2 (0)	GLS 0	APPS 4 (0)	GLS 0
Swindon	14 Oct 11	7 Jan 12	Loan	12 (0)	0	3 (0)	0_	0 (0)	0	1 (0)	0
Histon	1 Jan 11	31 May 11	Loan	9 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Crystal Palace	1 Jul 10	8 Jan 12	Trainee	37.5		no appe	arance	data avail	able	AL THE	8



#### Federico Bessone Position: Full Back

Federico Bessone joined the Town on a free transfer on Friday 31 August, signing a six-month contract from Swansea City.

The full-back joined Swansea from Espanyol in 2008 and was in his second spell at The Liberty Stadium. After a brief spell with Leeds and Charlton, Bessone re-joined the Swans in the summer of 2011 and made just one Premier League appearance.

He made his Swindon debut in the Johnstone's Paint Trophy first round clash at Oxford United and produced an impressive performance.

CLUB	FROM	TO	FEE	LEAG	UE	FA C	UP	LGE (	UP	OTH	ER
	THE RESIDENCE			APPS	GLS	APPS	GLS	APPS	GLS	APPS	GLS
Swindon	31 Aug 12		Free	1 (0)	0	0 (0)	0	0 (0)	0	1 (0)	0
Swansea	31 Aug 11	31 Aug 12	Free	0 (1)	0	1 (0)	0	0 (0)	0	0 (0)	0
Charlton	31 Jan 11	31 May 11	Loan	13 (0)	0	0 (0)	0	0 (0)	0	0 (0)	0
Leeds	16 Jun 10	31 Aug 11	Free	6 (0)	0	0 (0)	0	2 (0)	0	0 (0)	0
Swansea	28 Jan 08	16 Jun 10	Free	34 (2)	1	0 (1)	0	3 (0)	0	0 (0)	0
Espanyol	1 Jul 07	28 Jul 08					arance (	data avail	able	200000	

# MEET THE SWINDON SQUAD...





Troy Archibald-Henville

Position: Defender

Town boss Paolo Di Canio swooped for Exeter City defender Troy Archibald-Henville on a two-year deal

in late June 2012. The 23-year old was a regular for the Grecians last term after joining the club in January 2009 on a permanent deal from Tottenham Hotspur. The central defender initially arrived on a one-month loan deal from Tottenham Hotspur and made his debut in the 2-1 win at Dagenham & Redbridge. He had been at Spurs since signing as a schoolboy and was skipper of the reserve side at White Hart Lane. At the start of the 2008/09 season he joined Norwich City on loan but returned to Spurs recently after failing to break into the first-team although he made a number of appearances. He returned to Exeter in July 2009 signing a six-month loan deal before joining permanently during the 2009/10 January transfer window.



John Bostock

Position: Midfielder

John Bostock returned to The County Ground on deadline day in August 2012, signing a loan deal from Tottenham Hotspur until January 7th 2013. The midfielder was on

loan for the final part of Town's titlewinning campaign last year and has rejoined the club on a temporary deal until January. A graduate of the Crystal Palace Academy, Bostock made his professional debut for the Eagles in October 2007 before signing for Spurs in 2008. In November 2008, Bostock became the youngest ever player to make an appearance in a competitive match when he came on as a second half substitute during a UEFA Cup group match with Dinamo Zagreb at White Hart Lane.



Alan McCormack

Position: Defender

McCormack signed a two-year-deal at The County Ground in July 2011 and he is now one of the most senior players in the squad. Following his release from Charlton Athletic, the

Irishman trained with Paolo Di Canio's side for a week before putting pen to paper. McCormack started his career at Preston North End, before a series of loan moves preceded a switch to Southend United. He went on to make 130 appearances for the Shrimpers, scoring 15 times during three seasons at the club between 2007 and 2010. Charlton Athletic secured his services last summer following Southend's relegation to League 2, and McCormack went on to make 24 appearances for the Addicks, scoring once.



#### Alan Navarro

Position: Midfielder

Town completed a deal for midfielder Alan Navarro following his release by championship side Brighton & Hove Albion in June 2012. Navarro brings a wealth of experience to The County

Ground, having made over 300 senior appearances. The midfielder began his career with hometown club Liverpool, coming through the ranks alongside the likes of Steven Gerrard, before spells on loan at Crewe Alexandra and Tranmere Rovers. A £225,000 fee saw him make the switch from Anfield to Tranmere on a permanent basis and after three years with the Prenton Park club, he impressed under Paul Ince at Macclesfield Town. He then followed the former England midfielder to MK Dons before signing a two-year deal with Brighton in the summer of 2009.



Jay McEveley

Position: Defender

Swindon Town signed Barnsley defender Jay McEveley on loan until the end of the season on 22 March 2012, A former trainee with Blackburn

Rovers, McEveley joined Derby County in 2007 after loan spells with Burnley, Gillingham and Ipswich, helping the Rams to the Premier League in 2007. The 27-year-old joined the Tykes on a free transfer from Derby in the summer of 2010 and has since made 49 appearances at Oakwell.



Aden Flint

Position: Defender

Flint joined Town from Blue Square North side Alfreton Town in January 2011, after having been pursued by Danny Wilson for a considerable time.

The defender, who has also received two international caps at England 'C' level, made his debut in the 1-1 draw with Rochdale at The County Ground.

## MEET THE SWINDON SQUAD...



Joe Devera

Position: Defender

Devera became Paolo Di Canio's first signing as Town boss in June 2011. Devera linked up with the Robins after an established spell with Barnet. The 24-year-old, who is of Venezuelan

descent, made 177 appearances during a six-year career with the Bees, and was named the club's Player of the Year in 2008 and 2011.



Simon Ferry

Position: Midfielder

Along with Paul Caddis, Sirnon Ferry made the permanent switch from Celtic in August 2010, penning a three-year deal. The midfielder had enjoyed a hugely successful season

at SN1 in 2009/2010, making 42 starts and scoring twice in Town's play-off campaign. Having joined Celtic at the age of 12, Ferry progressed the ranks at Parkhead along with Caddis and former Town teammate Scott Cuthbert, enjoying much success. However, he was sidelined for nearly two years with a serious ankle injury, and 2009/2010 was his first full season of professional football, a season in which he was agonisingly close to success.



Luke Rooney

Position: Winger

Swindon Town signed Gillingham winger Luke Rooney on Tuesday 17th January 2012. One of the brightest prospects to emerge from Gillingham's youth system, attacking midfielder

Rooney was the Under-18's leading scorer in 2008/09. He had a successful loan spell at Blue Square Premier side Lewes and signed professional terms with the Gills in May 2009. He spent the latter part of the campaign on loan with Eastbourne Borough, helping the Conference side steer clear of relegation. He enjoyed another excellent pre-season in 2010/11, scoring seven times, including a hat-trick in the 4-1 thumping of Bishops Stortford. The midfielder made a goalscoring start to the 2011/12 campaign, netting Gillingham's second in the 3-0 defeat of Plymouth Argyle at Priestfield before scoring from the spot to clinch a point in the 1-1 draw with Accrington Stanley. Prior to joining Swindon, Rooney made 20 appearances for Gillingham, scoring three times.



**Andy Williams** 

Position: Forward

One of Paolo Di Canio's first signings for the 2012/13 season, Williams joined a depleted forward line following the departure of several strikers over the summer. Formerly

with Bristol Rovers and Hereford United, Williams joined Town on a two-year deal in the summer of 2012 after an impressive campaign in front of goal with Yeovil Town in 2011/12.



**Nathan Thompson** 

Position: Defender

Having been part of a successful youth team set up in 2008-2009, Nathan Thompson signed a two-year professional contract in the summer of 2009. The youngster

appeared among the substitutes on a number of occasions in Season 2009/2010. After being given two starts at the tail end of Season 2010/11, Thompson signed a new one-year deal at SN1 in the summer.



#### **Adam Rooney**

Position: Forward

Town signed Birmingham City striker Adam Rooney on transfer deadline day in August 2012. The frontman penned a deal on loan until 30th June 2013, with the option for a permanent deal. The Irish striker

scored seven goals in 28 appearances for the championship side last term and arrived at The County Ground to bolster Paolo Di Canio's attacking options. Rooney signed for Birmingham from Inverness Caledonian Thistle on a two-year-deal in June 2011. The Irishman starred for Crumlin Town as a youth player before pursuing his career in England with Stoke City, for whom he scored four goals in two starts and 17 substitute appearances. After joining Yeovil Town on loan in 2007, Rooney had temporary stints at both Chesterfield and Bury, but it was on moving north of the border in the summer of 2008 that he really started to flourish.





#### Raffaele De Vita

Position: Striker

Italian striker De Vita signed a twoyear deal with the Robins in June 2011, joining Town after a spell in Scotland with Livingston. De Vita joined Blackburn Rovers aged 15

and came up through the youth and reserve team ranks at Ewood Park. Despite a hat-trick in a reserve team game against Wigan Athletic, first team opportunities never surfaced and the frontman opted to leave the Premier League side.

In July 2008 he moved into Scotland to join Livingston where he spent three seasons. Last term he made 31 appearances, scoring 11 goals.



**Tommy Miller** 

Position: Midfielder

A vastly experienced midfielder, Miller signed for Swindon on a one-year deal following his release from championship newcomers Huddersfield Town, At 33, Miller has

over 400 league appearances to draw upon having gained experience from spells at Ipswich Town, Sunderland and Sheffield Wednesday. The County Durham born midfielder started his youth career at Ipswich Town, following his release at 15 from Portman Road he headed back north signing a youth contract for Hartlepool.

Having made 162 appearances and scoring 44 goals for the Victoria Park outfit, Ipswich and George Burley came calling, securing the middle man's service for a reported £750,000 fee to take him back to Portman Road. At the end of the 2004/05 season Miller left lpswich signing a two-year contract with Premiership Sunderland, A loan move to Preston North End later that season followed, before departing the Stadium of Light at the end of the 2006/07 season having made 33 appearances and scoring three goals. Millers departure from Sunderland saw a return to Portman Road for his third spell, despite interest from elsewhere, signing a two-year contract. At the end of the 2008/09 season Miller was released, signing for Sheffield Wednesday ahead of the 2009/10 season under manager Brian Laws. Despite a successful campaign Miller's contract was not renewed, leaving Wednesday in May 2011 signing a one-year deal with Huddersfield Town.

#### Leigh Bedwell

Position: Goalkeeper

Second year youth team scholar Bedwell came up through the Town ranks. Bedwell is a Swindon Town fan and is desperate to make a success of his time with the club. The 'keeper was one of two second year scholars awarded a one-year professional deal with the club ahead of the 2012/13 season. He made his professional debut for Town from the bench at Preston North End on Sunday 2 September in League One.



Paul Benson

Position: Forward

Swindon Town completed the signing of Charlton Athletic striker Paul Benson on a two-and-a-half year deal on Sunday 1st January 2012. Born in Southend-on-Sea,

Benson joined Dagenham & Redbridge in July 2005 after being spotted playing for Essex non-League outfit White Ensign, for whom he scored 96 goals in two seasons.

The six-foot hitman struck 28 times in 2006/07 to help Dagenham & Redbridge win the Conference title, and netted 22 goals the following term, scoring in all three playoff matches as Daggers defeated Rotherham United 3-2 in the League Two play-off final to clinch promotion. Originally on the books of Southend United, Benson departed Roots Hall when he wasn't offered a professional contract at the end of his time in the club's youth set-up. He went on to join two of his brothers at White Ensign, who were then at the very bottom of the non-League football ladder. Four years into a trainee accountancy course in the City of London, Benson swapped pinstripes for the red and white of Dagenham & Redbridge. The frontman joined Charlton Athletic for an undisclosed fee on Monday 30th August and made his debut for the club the next day in the Johnstone's Paint Trophy - against his former side. In total he scored ten goals in 28 starts for the Addicks before joining Swindon at the second attempt after an emergency loan move failed to beat the deadline in late 2011.

## MEET THE SWINDON SQUAD...



James Collins

Position: Forward

A powerful forward, Collins signed for Swindon on a two-year deal after rejecting the offer of a new contract from former club Shrewsbury Town. Coventry-born Collins started his

youth career at Aston Villa where he made his way up through the Villa youth ranks. In October 2009 the forward was loaned to Darlington on a three-month deal, making his professional debut in a 3-0 loss at the hands of Barnet. He went on to make seven appearances for the Quakers scoring twice before returning to Villa. Despite a trial with Scottish club Aberdeen prior to the 2010/11 season Collins remained an Aston Villa player. Following Martin O'Neill's departure to Sunderland, caretaker manager Kevin McDonald included the striker in his 20-man squad that travelled to Rapid Vienna in the UEFA Europa League. A second loan spell away from Villa Park later that season saw Collins join Burton Albion on an emergency loan in October 2010. With first team opportunities limited at Villa, he signed a permanent 18-month contract with Shrewsbury in January 2011, finishing the 2010/11 season with an impressive eight goals from 23 appearances. Collins has also represented Ireland at U21 level.



**Darren Ward** 

Position: Defender

Millwall defender Darren Ward signed a loan deal with Swindon until 1st January 2013, with the option of a permanent move, on Thursday 30 August 2012. Ward started his career

as a youngster at Watford making 67 appearances, including a number of Premiership games before then Lions boss Mark McGhee brought him to The Den in a \$200,000 deal in 2001. During his four years at the club, The Lions reached the FA Cup Final in 2004 and then had a taste of UEFA Cup action the following season against Hungarian giants Ferencyaros. The centre-half moved to Crystal Palace in a \$1.1m deal in the summer of 2005 where he racked up 69 appearances for The Eagles in two years at Selhurst Park before switching to Wolves.



**Gary Roberts** 

Position: Winger

An exciting left-footed winger, Roberts signed for Swindon on a two-year deal after his release from Championship bound Huddersfield Town. Chester born Roberts began

his youth career in the Liverpool academy, after his release he spent the rest of his formative years with Denbigh Town and Bala Town before moving to Rhyl where he made his first senior appearances. A move to Welsh premier league side Bangor City soon followed where he registered 22 appearances in his only season at the Nanporth Stadium. The following season Roberts make the move to Welshpool Town where in registered nine goals in 22 appearances during the first half of 2004/05 season. His early season form prompted Conference National side Accrington Stanley to come in for the versatile winger, making his Stanley debut against Morecambe in a 2-1 win. The 2006/07 season saw Roberts continue his fine form, scoring eight times in 14 appearances, his performance prompted interest from a number of clubs, with Ipswich eventually securing a deal to bring Roberts in on an emergency loan deal in October 2006. His performances were good enough to earn him a permanent deal, signing a four year contract in January 2007. He had a loan spell at Crewe and this prompted Huddersfield Town to pay Ipswich an undisclosed fee for his services, signing on at The Galpharm Stadium ahead of the 2008/09 season. He signed for Swindon up on a free transfer following his release by Huddersfield Town during the summer of 2012.



Matt Ritchie

Position: Midfielder

After two separate loan spells, Matt Ritchie signed a two-and-ahalf year contract at with Town in January 2011. Ritchië made his full debut for the club in the 2-0

Johnstone's Paint Trophy second round win over Torquay United at The County Ground, before going on to make 34 appearances during the rest of the season, scoring 12 times. A bustling attacking midfielder, the 22-year-old was voted Fans' Player of the Year for his efforts in 2010/11.



This month signals the 15th anniversary of FIFA's Fair Play Day, launched in 1997, with the campaign all across the globe kicking off a couple of weeks ago at the semi-finals of the FIFA U-20 Women's World Cup, hosted by Japan and eventually won by the United States, 1-0 against Germany in the final, while the campaign also took place during the official international match dates over last weekend and this week. FIFA President Sepp Blatter commenting on the launch of the 16th annual FIFA Fair Play Day campaign that: "Fair play should be an attitude that we all subscribe to. As they are role models, I appeal to all players, officials and fans to play fair - on the pitch and off the pitch, during a game and in their everyday lives."

It's been even longer though since the first FIFA Fair Play Award was handed out, that coming in 1987 with up to three awards being given out every year since, apart from 1994 when everyone must have been very naughty indeed and had to stand in the corner facing the wall. Personally I think it would only have been fair to award it that year to Diana Ross in an attempt to cheer her up after she toe-ended that penalty wide in the opening ceremony of the World Cup. On the other side of the coin though I don't think John Aldridge would have been in the running-for the award, remember his substitution tirade against the fourth official in the Republic of Ireland's defeat against Mexico?

As for actual winners of the award from the British Isles is concerned, well that first 1987 trophy went to Dundee United for their fans' behaviour as, following a two-legged UEFA Cup Final 2-1 defeat they stayed behind en masse at Tannadice to share in Gothenburg's celebrations, as much as they applauded their own team's efforts. Three years later and it was Gary Lineker who was presented with the award after seeing out 15 years as a professional footballer without receiving a yellow or red card, which you have to say is a truly remarkable feat, although to be fair he may have picked up a few yellow cards on twitter in recent years if such things existed.

It took another seven years for another award to hit the shores of the British Isles though when in 1997 the fans of the national team of the Republic of Ireland picked up a gong for "their exemplary behaviour at Ireland team matches, especially the FIFA World Cup qualifying play-offs against Belgium." The award then moving north twelve months later for the Irish Football Association, which represents football in Northern Ireland, with a symbolic gesture for many other countries which had found themselves in a comparable situation. The Irish FA honoured for its continuing efforts to reunite the Catholic and Protestant communities.

Speaking of which, 2003 saw the fans of Celtic as the sole recipient of the award with the official FIFA blurb from that year reading: "The fans of Celtic FC were honoured for their extraordinarily loyal and sporting behaviour at the UEFA Cup final in Seville, which pitted the Scottish club against FC Porto. Despite losing the match, the "Bhoys" supporters, around 35,000 of whom travelled to Spain, celebrated in the stands and on the streets of the Andalusian city with passion and joy, helping to further underline that football and peaceful celebration can go together hand-in-hand."

I suppose we in England can nick 1/32th of the award in 2006 too as it was awarded to the fans of the World Cup in Germany that year, with the "special atmosphere inside and outside the stadiums setting a highly impressive example of unity and understanding between different nationalities and cultures." Three years later though and it was definitely a home run for England as Sir Bobby Robson was posthumously awarded a FIFA Fair Play trophy in December of 2009 following his death from cancer at the age of 76 in July of that year. The award collected by Lady Elsie Robson, the widow of the legendary England boss who was involved in a playing and managerial capacity in football for an incredible 54 years.



## LEAGUE 1



IT"S THE REGULAR NPOWER LEAGUE ONE ROUND UP with Mark Mandale...

With the transfer window now closed until January, the loan window re-opened again on the 8th September and will remain open until the 25th November. Managers will need to make use of the window if they are to bring in replacements for injured players. The loan window will also allow managers the chance to send out the fringe players to get valuable pitch time, and to allow the younger players to gain valuable first-team experience.



Former Tottenham
Hotspur manager
Harry Redknapp has
returned to his former
club Bournemouth in an
advisory role. Redknapp
previously managed
Bournemouth between
1983 and 1992 and has
been out of work after
being sacked as Spurs
manager in the summer.

The 65-year-old left the Cherries to manage West Ham United, a position he held for seven seasons, before two stints with Portsmouth either side of a year in charge at Southampton. He was then appointed manager at White Hart Lane in October 2008 where he was in charge until this summer. Cherries Chairman Eddie Mitchell spoke to the clubs website about the appointment: "We met and he offered to come in on a voluntary basis. He still has a passion for the club and for football, and he's got a lot to offer for us. Paul [Manager] and Shaun [Assistant Manager] will still have the final say on all football matters, there's no doubt about that. They're very astute people and they're not above listening to anyone, and I'm sure they can learn from him. They have both worked with him before and I think there's only one person who would be able to get on that coach tomorrow without Paul and Shaun rejecting the idea, and that one person is Harry."



Meanwhile, Bournemouth added two new faces to their squad before the transfer windows closed, midfielder **Lorenzo Davids** and goalkeeper Benjamin Buchel. Davids, 25, is the cousin of former Ajax, Juventus, Barcelona

and Spurs star Edgar Davids and was a free agent after being released by German side Augsburg. The midfielder has played for the Netherlands Under-21 side but has never made it into the senior squad, he has signed a two-year deal. Liechtenstein goalkeeper Buchel, 23, impressed Cherries boss Paul Groves while on trial and has signed a six-month contract with the club. He told the clubs website: "I'm very happy, I have seen during my trial that this is a very good club with good goalkeeper training."



Nottingham Forest striker **David McGoldrick** has joined Coventry
City on loan until the 2 January. The
24-year-old started his career with
Notts County and has had spells
with Southampton, Bournemouth
and Port Vale. He joined Forest in

2009 from Southampton for £1million and has since made 75 appearances for the club. He spent a month on loan with Sheffield Wednesday last season where he scored once in 4 games.



Sheffield United have signed former Portsmouth striker **Dave Kitson** on a short team deal until 31 December. The 32-year-old was one of the last senior players to leave Fratton Park as Pompey got rid of all their

senior players in a bid to avoid liquidation. Kitson started his career with non-League Arlesey Town before joining Cambridge United where he made over 120 appearances scoring 47 times, he then joined Reading for £150,000 in December 2003 and he helped the club win promotion to the Premier League in 2006. Overall he made 147 appearances for The Royals scoring 60 goals. In 2008 he joined Stoke City for a club record £5.5million after their promotion to the Premier League but only managed 5 goals in



40 games. He had a loan spells with Reading and then Middlesbrough before joining Portsmouth in September 2010. Blades boss Danny Wilson spoke to the clubs website: "It is not very often you come across a quality and experienced player like Dave in these circumstances. It is fantastic that he wants to come to us. Dave has been to a few of our games recently and our performances have convinced him to join us. He feels he can contribute."



Swindon Town have recruited Swansea City defender **Federico Bessone** and signed Sheffield Wednesday midfielder Giles Coke on loan until January. Bessone, 28, was released by the Swans in the summer and has signed an initial

six month deal with the club. The full-back initially joined Swansea in 2008 from Espanyol but left the club to join Leeds United in 2010, he had a brief spell on loan at Charlton Athletic before re-joining Swansea in August 2011. Coke, 26, spent most of last season on loan with Bury where over two spells he made 20 appearances scoring 6 times. He has featured twice this term for Sheffield Wednesday both in the Capital One Cup victories overs Oldham Athletic and Fulham.



Meanwhile, midfielder Matt Ritchie has signed a contract extension with Swindon Town that will keep him at the County Ground until 2014. The 22-year-old was named League Two player of the year last season and has made 81 appearances scoring

17 goals for the Robins. He initially joined Swindon on loan from Portsmouth in 2010 before signing a permanent deal with the club the following season. He spoke to a local radio station about the move: "It's a good decision on my behalf, the club has shown ambition this year so hopefully it can be as successful as last year. We've spent money and got in very good players so hopefully we can have a good go at getting in the Championship."



Tranmere Rovers added to their squad ahead of the transfer window closure by signing Spanish defender Roman Golobart on a one month loan deal from Wigan Athletic. Rovers boss Ronnie Moore told the club website: "We

were short at the back so Roman is a welcome arrival, he's a tall, dominant centre-back who has good experience from his time in Scotland last season." The 20-year-old joined Wigan from Espanyol in 2009 and hasn't made any appearances for the club since his arrival. He has represented his country at under-17's level and spent the majority of last season on loan with Inverness Caledonian Thistle where he made 25 appearances scoring twice and was named their player of the year.



Walsall defender **Andy Taylor** has signed a one-year deal with the club only days after joining on non-contract terms. Taylor was released by Sheffield United in the summer and joined the Saddlers before their Capital One Cup game against

Queens Park Rangers, however after an impressive performance in the 3-0 defeat he was offered a permanent deal. The 26-year-old started his career as a trainee with Blackburn Rovers and had loan spells with, QPR, Blackpool, Crewe Alexandra, Huddersfield Town and Tranmere Rovers, the latter of which led to an 18 month stay at Prenton Park, In 2009 he then joined Sheffield United where he only managed to make 45 appearances in three seasons for the South Yorkshire club.



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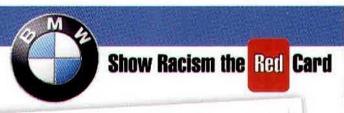
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### FOOTBALL IN THE COMMUNITY

### A Relatively New Venture – The Girls Only Soccer School





A relatively new venture at Carlisle United has been the introduction of the girls only soccer school which caters specifically for young ladies and runs along the same lines as the general easter and summer event.

Coach Andy Conkey said: "We've found in the past that when we put the girls in with the boys they can end up feeling a little bit intimidated. It's nice for them to get together as a group and play the game in this way, and the feedback they give us tells us that they really enjoy it. We can get up to 30 girls at our summer schools and we take them through different coaching techniques as well as get them involved in competitions and games.

"The main focus is on making sure they have fun but we also find some very good players in there as well. I've been with the FITC for nearly six years and I have to say it's a thoroughly enjoyable experience. It's really

nice to see kids of all abilities develop in front of your eyes and even better to play a small part in it."

Assistant-coach Gemma Dawber told us: "I've worked with the Derby





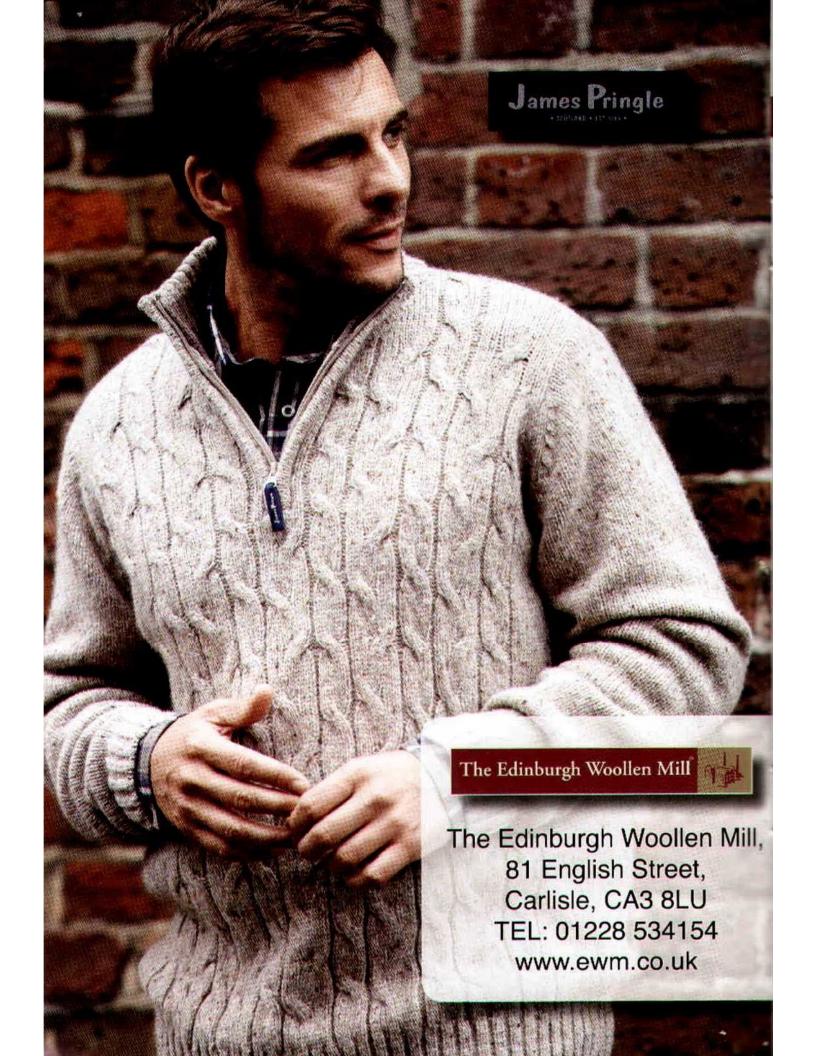




County in the Community scheme prior to coming here and I'm currently in Cumbria to study Sports Coaching at University.

"I spoke to John Halpin when I moved up here to see if there was any voluntary work I could do and he invited me along to get involved. I've worked with a lot of the younger age groups so far and it's helping with the University work I have to do, which is fantastic. Being with the girls group is really good and I can speak from experience when I say that when I was younger there was nothing like this. We played with the boys and they never used to pass to us, so we could end up feeling completely left out. A group like this makes sure that everybody is involved and that can only be good."

For more information on any of our Football in the Community schemes contact John Halpin and the team on fitc@carlisleunited.co.uk or by calling on 01228 554 169.



DAVE WILKES WILL BE BRINGING US UPDATES FROM THE CARLISLE UNITED ACADEMY THROUGHOUT THIS SEASON ...

"We're well under way now with our first sets of fixtures under our belts and we have almost completed the restructuring process with our staff.

I'm delighted to say that James Tose has rejoined us as an U13 coach and that's

good news for us. He has managed Penrith in the past and he has his 'A' licence, so he brings a lot of experience with him.

Ben Benson is also taking up a position in Foundation Coaching which involves working with lads at U9 to U11. He'll be looking to develop younger players in a more technical way and he'll also be able to identify players for us, so that's something good for him to get his teeth in to.

We have brought Tony Monaghan back into the group as well to work with the U11 age group so overall we're getting there in terms of filling the slots which needed to be filled.

Unfortunately we lost Chris Blake as he moves on to other things, and he'll be a miss, but we have Ross Armstrong helping us and we will look at whether we need to recruit further to plug the gaps which have been left.

Things are certainly going well for us so far. On the pitch we're the same as anyone, we want to win every game. We played Tranmere in our first fixtures and they are always really good opponents. We're still in a situation where we can't publish results, tables or scorers from games at this level but what I can say is that we were more successful at the bottom end in that set of games.

We had a couple of defeats but you have to expect that. The problem we've found is that a lot of our players have just been on holiday and it's been really difficult to get everybody together on a regular basis. What we tend to find is that it will all come together for us as we move on through the next few weeks and as they all get match time and pitch time.

The attitude has been really good since they all got back together. The lads want to do as well as they can and that shows with how they train. The good thing with going to Tranmere first is that it helps to focus everyone back into the fact that it isn't going to be easy. The effort has to

go into every session they have or they will be found to be wanting when they get to their games on a weekend. We saw a few heads drop against the stronger Tranmere sides and that's something we need to work on. It's about having mental strength and determination sometimes but, like I say, it's all part of the learning process for them."

More from Dave Wilkes in the next issue of **Back of** the **Net** ...

Date	Day	Time	Opponents	O/E
2-Sep	Sun	TBC	Tranmere	E
9-Sep	Sun	TBC	Hartlepool	0
16-Sep	Sun	TBC	Preston North End	E
23-Ѕер	Sun	TBC	Bumley	0
7-Oct	Sun	TBC	Shrewsbury	E
14-Oct	Sun	TBC	Walsali	0
21-Oct	Sun	TBC	Blackpool	E
28-Oct	Sun	TBC	Hartlepool	E
4-Nov	Sun	TBC	No Fixture	
I-Nov	Sun	TBC	Bury	E,
18-Nov	Sun	TBC	Port Vale	0
2-Dec	Sun	TBC	Oldham	E
9-Dec	Sun	TBC	Accrington Stanley	E
16-Dec	Sun	TBC	Rochdale	0
		Winter	Break	
20-Jan	Sun	TBC	Blackpool	0
27-Jun	Sun	TBC	Waisall	E
3-Feb	Sun	TBC	Bury	0
17-Feb	Sun	TBC	Oldham Athletic	0
3-Mar	Sun	TBC	Port Vale	E
10-Mar	Sun	TBC	Rochdale	E
17-Mar	Sun	TBC	Accrington Stanley	0
24-Mar	Sun	TBC	Hartlepool	0
7-Apr	Sun	TBC	No Fixture	
14-Apr	Sun	TBC	Tranmere	0
21-Apr	Sun	TBC	Hartlepool	E
28-Apr	Sun	TBC	Preston North End	0
5-May	Sun	TBC	Burnley	E
19-May	Sun	TBC	Shrewsbury	0.



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YOUTH UPDATE FROM U18 TEAM CAPTAIN TOM BERWICK..

Second year midfielder Tom Berwick was handed the U18 captain's armband for this season earlier in the summer and one of his duties is to keep us all up to date with what's going on with the youth team, from a player's point of view, as the campaign unfolds.

FILS

#### In this issue he talks about the away draw at Fleetwood.

"The mood was really good going into the Fleetwood game because we'd had such a good start to the season. We went there to get another win on the board but it didn't quite work out that way for us in the end.

"We'd never played them before so it was a new one for us. We didn't know what to expect with the facilities and things like that, but that shouldn't really affect your game. The pitch wasn't the best, if I'm being honest. When we got there we saw people raking grass away, so they must just have finished cutting it before we arrived.

"There was still a lot left on there and that does get into your head a little bit. Once we started playing it wasn't bad, but it was uneven as well and we probably didn't deal with it as well as we could have. I think everyone knows we prefer to play on a decent surface and we seem to make it hard for ourselves when we don't have that.

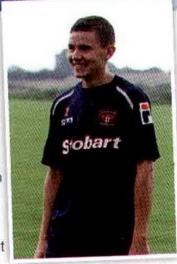
"There were a few comments about it when we first

got there but you can't allow that to pull you down too much. You're there to play football and we have to better at dealing with poorer surfaces as the season does on.

"We didn't play to our best at all on the day. We had enough chances in the game to put it to bed and instead if being well in front we suddenly found ourselves behind. That gave them a lift and we came under

a bit of pressure when we allowed them to have the ball too much.

"Their goal was one of those freak moments. It came flying in from out wide and Jordan [Parker] could do nothing about it. It went into the only part of the net it could find and it was disappointing for us. With a goal like that we let it go for a few days and then we start to give the keeper a bit of stick about it. He knows we're joking though, so he's fine with it.



"We finally got it together with about ten minutes left to play and that was the only time we actually looked like we wanted to win it. Once we got our goal it was their turn to panic and we should have come away with the victory.

"Jamie Clarey had a one-on-one which we all thought was going to be a goal and Pat Brough had another chance which was a good one but we always back ourselves to create chances. We need to be taking more of them to make sure we don't give teams hope and something to cling on to if they do score against us.

"It's hard to explain why we didn't play as well as we have been. We could blame the conditions but

I don't think it's all about that. It wasn't our day and it's an example of the type of game where we have to dig deeper and find more.

away from a game like that. We were very quiet in the dressing room and it was the first time this season when Eric [Kinder] has had a lot of negative things to say. That was fair enough because we didn't deserve anything else. What we can't hide away from is that we should be



More from Tom in the next issue of Back of the Net ...

# FOCUS ON YOUTH with ERIC KINDER...

### HEAD OF YOUTH **ERIC KINDER** SPOKE TO US ABOUT THE 1-1 DRAW AT FLEETWOOD ...



"I think we dropped our standards compared to the opening two weeks of the season.

"They are the new boys in our league and they're finding their feet. The pitch is a difficult one, but I can relate to that because it's exactly the situation we were in when I first got here.

It'll take them time to develop their facilities, as it did with us, but I'm sure they'll get there.

"I've no complaints because the surface was the same for both sides. It meant we couldn't play our passing game and we had to change our style of play, but we adapted well early in the game.

"We found ourselves in the lead from another set piece and that was really pleasing. We've had goals from two corners in the space of two weeks which have been the result of work on the training pitch, and it's always good to score like that.

"With this one, instead of going into the front post we had a couple of runners peeling off and it caused

a bit of confusion. Pat Brough arrived late and finished it off with a back post header.

"We looked comfortable after that and we went into half time with a lead. That was probably the only real incident in the whole of that first 45 minutes. Alex [Salmon] probably should have scored with a header right on half time when he got a bit of space, but he was under a bit of pressure and he put it just wide.

"For some reason we just stopped playing in the second half. We

didn't get anywhere near the performance levels we ask for. We lost possession over and over again and they drew level just after half time - even though there was a real element of luck in the goal.

"Their player on the right hand side tried to put a cross in and he completely got it wrong. It spun off his boot and sailed over Jordan Parker's head into the top corner, so it was really disappointing.

"We had a few chances after that to win the game but we just couldn't finish them off. We had one where Alex Salmon played Jamie Clarey through and he did absolutely everything right.



He went round the keeper and set himself, but he didn't look up and he ended up by side footing the ball into the side netting.

"That was frustrating because he'd done the really hard work of getting away from his marker and then the technique for beating the keeper was first class. The bit at the end of putting the ball away looked to be the easiest part of it, so he was unlucky with that.

"Patrick Brough got into the area and drilled the ball across the face of goal and I think it was the type of chance he should score from. Thomson and Clarey both had half chances in the last 15 minutes but it was one of those days where it just wasn't our day at all.

"The good teams at any level are those who work hard off the ball, and we didn't do any of that in this game. When we have it, we're going to be a match for anybody. We have some really good players who like to move it about, but it's the ugly side of things they need to improve on.





"It is a concern of mine that, as a team, we are nowhere near as good when we don't have possession. It's something we'll have to knock out of them.

"We went there in a very confident mood and I think they possibly gave up in their own minds as soon as they saw the pitch. People say that good players can play on anything, but I don't think that's quite right.

"In my opinion, good players find a way of dealing with anything and of finding a way round the prob-

lems they face. We decided we'd sulk instead of looking for a way

to overcome it and we paid the price."



Eric Kinder

#### Carlisle United

Parker, Gwinnutt, Minor, Staunch, Morse, Dempsey, Berwick, Salmon, Thomson, Peel (Clarey 60), Brough. Subs - Brass, Chisholm, Dixon, McEvoy.

Goal - Brough

Day		Time	Opponents		Results / Scorers			Z		Ź	4	$\mathcal{G}$	Z	
11-Aug	Sat	11:00	Accrington Stanley	н	3-0 Berwick, Peel, Clarey									
18-Aug	Sat	11:00	Preston North End	н	2-0 Salmon (2)									
25-Aug	Sat	11:00	Fleetwood Town	A	1-1 Brough									
01-Sep	Sat	11:00	Morecambe	Α	3-1 Thomson, Dempsey, Clarey									
08-Sep	Sat	11:00	Burnley	Н	2-1 Salmon, Dempsey	h	Juma\		VC	I	li	-V	le	st
15-Sep	Sat	12:00	Port Vale	Н		ΙŸ	outh Alliance	Co	nfe	re	nc	e L		jue
22-Sep	Sat	11:00	Blackpool	Н			of 10 Sept 2012	1	1		-			ble
29-Sep	Sat	11:00	Bury	Α		1000	Carlisle United		ad V		-	-		Pts
06-Oct	Sat	11:00	Preston North End	Α			Bury	1	-		-	11	1000	13
13-Oct	Sat	11:00	Morecambe	Н		-	Walsall	1 5		-	-	10	5	
20-Oct	Sat	11:00	Burnley	Α		4 1	Wrexham	5		-	-	CE COMP	4	9
03-Nov	Sat	11:00	Rotherham United	Α	YAC round 1	5 1	Port Vale	5	1	2		8	8	9
10-Nov	Sat	11:00	Blackpool	A			Preston North End	4	2	0	-	-		6
17-Nov	Sat	11:00	Bury	н		HECON VINE	Shrewsbury Town	5	2	0	3	6	7	6
23-Nov	Fri	12:00	Wrexham	А			leetwood Town	5	1	2	2	6	7	5
08-Dec	Sat	11:00	Accrington Stanley	A		2014 5 5 5 5	lacclestield Town	4	1	2	1	4	5	5
26-Jan	Sat	11:00	Fleetwood Town	Н			ochdale	3	1	1	1	4	4	4
02-Feb	Sat	11:00	Rochdale	н			ackpool	3	1	1	1		6	4
02-Mar	Sat	11:00	Tranmere Rovers	Α			OTS STATEMENT AND STATEMENT OF	5	1	1	3	6	3	4
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# MEETTHE YOUTHTEAM...

EACH WEEK Back of the Net WILL BE FINDING OUT A LITTLE BIT MORE ABOUT ONE OF OUR YOUTH TEAM PLAYERS ...

#### **Brad Staunch**

Age: 17

Position: Central Defender

Born: Hartlepool

Team supported: Manchester United.

Favourite film: Home Alone.

Favourite food: Chicken Parmesan.

Which pro do you look after: Danny Cadamarteri and Chris Chantler. Chris just lets you get on with things but Danny has always got something to say. He's got a good

sense of humour though so it's

easy to take.

Brothers/sisters: One brother called Aaron who is a year older than me.

Football hero: I had a few but I'd probably have to say Paul Scholes.

Most listened to tunes on your iPod: Drake.

Who is your dream date: Frankie Sandford from the Saturdays.

Who is your best mate in this squad: I get on with most of them but you have to say that Jack Lynch is the nicest person ever. He's easy to get on with, quiet, and you can talk to him about anything.

Who is the biggest pain in the backside in the squad: Brandon Gwinnutt always has plenty to say when Eric walks into the room so I'll say him.

Hobbies: It's just football for me.

Strengths and weaknesses: Tackling and heading are my main strengths and my weakness is getting dragged to the ball rather than staying in shape.

Best thing about being a youth team player: I enjoy the whole experience of it. To come to work at a professional club every day and to train with senior players is superb. Doing things like that shows you how much work you have to do to get there yourself.

The worst thing about being a youth team player: Monday mornings. I've never been any good at getting up early, but I'm fine once I get into the week.

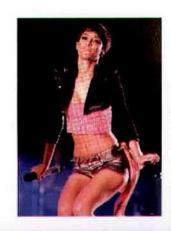
What did it do for confidence to kick the season off with two clean sheets: The defence got blamed a lot for some of the goals we conceded last year and I also hold my hand up to making some really daft mistakes. To win against Preston, who won the league last year, is one of the best feelings ever. To pick up results like that means that we might just be putting the errors from last season behind us.

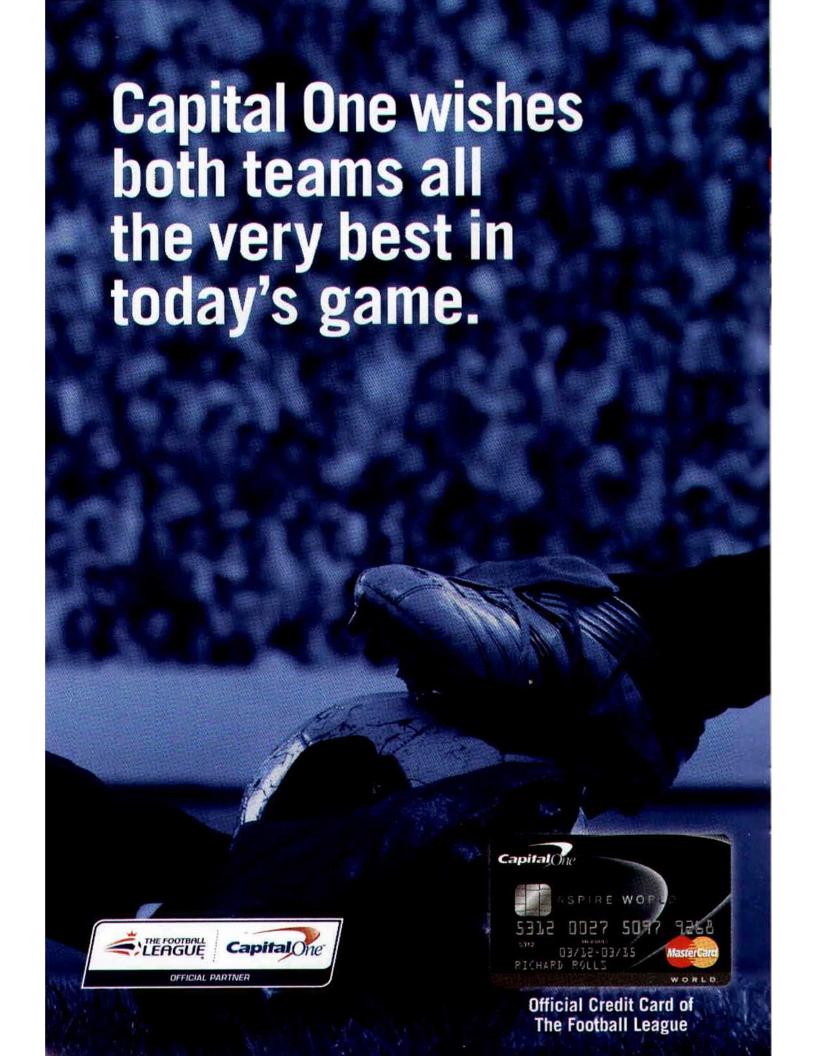


Do results like that make it easier for the whole squad to do their work: I think we're going into every game and expecting to get something from it at the moment. We're at the top of the table and we want to stay there. We were behind at Fleetwood when we hadn't played that well and we dominated the last ten minutes because we just didn't want to lose. We had ten men against Morecambe but we still dug deep and worked even harder. It's good to be in a side when it's like this. Burnley were one of the strongest sides going last year and we have beaten them as well, so it looks really positive for us. The thing we do have to watch out for is that we all get a bit too cocky when it's like this. We need to keep our feet on the ground and, if we do, we should be able to keep the run going.

What are your aims for this season: I want a professional contract. To help with that I just want to work hard and, if I don't get kept on, at least I can say I gave it my best shot. I played in the Boro reserve game at the start of the season and that all helps. I don't think I played too well in it and it's another level up. You're working with Graham Kavanagh and he doesn't care what age you are, he expects you to do a job. It's a brilliant experience and you learn so much it's unreal. I did the warm up with him when we played Morecambe in pre-season and I came off dripping in sweat because I wanted to impress him and get everything right. That's how intense it is at that level. Eric has told all of the second years he wants us to follow on from the lads who have done well this year and they have given us a great incentive to push on.







# A FEW MOMENTS WITH PAUL THIRLWELL

IT'S ANOTHER NEW FEATURE FOR **Back of the Net** WHICH GIVES US AN OPPORTUNITY TO GET TO KNOW A LITTLE BIT MORE ABOUT OUR SENIOR SQUAD:

### Kicking us off, we took a few moments with team captain Paul Thirlwell ...

Name the three people you would most like to sit down and talk to over a meal: That has to be the gaffer, Kav [Graham Kavanagh] and Dennis Booth. The banter would be shocking. But if I actually wanted to enjoy my night out I'd go for Jose Mourinho, to talk tactics, Will Ferrell, a very funny man, and Frank Sinatra, to get the tunes going when we'd finished eating.



What would be on the table if you cooked: I'm not that great in the kitchen so we'd be looking at sausage and beans on toast, or something just as easy.

Who in the world would you most like to meet: Cheryl Cole. Just to have a chat with mind!

What was the last film you watched: The Hunger Games, and the lads are giving me a massive amount of stick about it. It's the first one I've watched in over a year so I keep going on about it. I'm feeling quite up to date and modern so it's good to



remind people that I've been to see it.

What's the most embarrassing thing you've ever done: I shanked the ball into the back of the net when I was at Sunderland. We were playing Wimbledon at the Stadium of Light and I had a lash at clearing it when it was on the volley. It went horribly wrong and flew into the roof of the net.

Where in the world would you most like to go: I wouldn't mind a shot at getting into space so I can spend a bit more time with Liam Noble.

When did you last pay to watch sport: Through the nose, every month, so I can watch SKY SPORTS.

What is your favourite TV Programme: Friends. If you need a quote from it – I'm your man!

What's the worst physical pain you've ever endured: I've managed to steer clear of the really serious injuries

so I would have to say that any time you get a ball kicked into your lower area (no idea how to describe that for the programme) you just wish you could disappear into a hole. There is no pain quite like that for a bloke.

Have you got any tattoos: No. Whenever I've thought about it I've always looked ahead 20 or 30 years and imagined what they would look like. I reckon if I did get it done I'd be sat there in the future asking myself why.

Can you play a musical instrument: I had a go at the piano when I was younger but I got frustrated with it and gave up. It's one of the things I wish I'd stuck at and learned if I'm being honest.

Who would play you in a film of your life: The contract is already signed with Brad Pitt.

If you could have one super power, what would it be: I'd make time stand still so that we wouldn't have to get any older.

Who is the worst dresser in the squad: There's a few but I'll have to go with Liam Noble. He can't coordinate colours and he just chucks stuff on as he finds it.

If you weren't a footballer, what would you be: An NFL quarter back.

#### Batman or Superman:

Superman because he can fly.

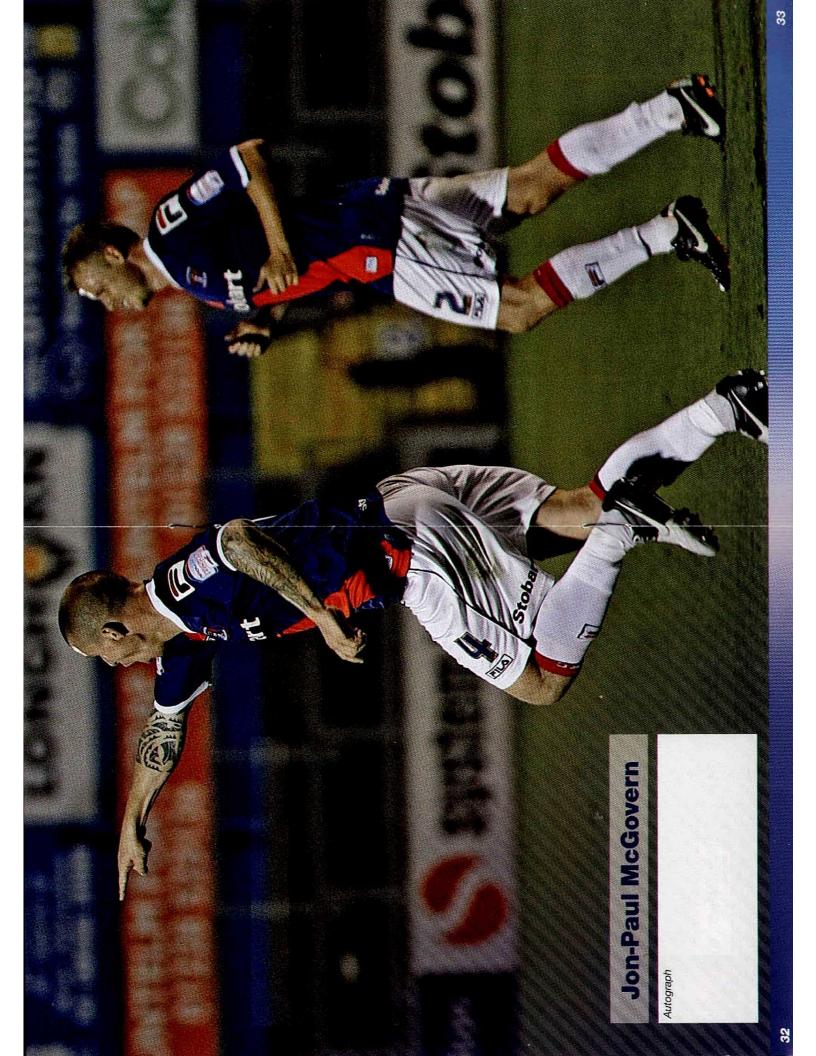
Singing or dancing: I like to think I can do a bit of both actually.

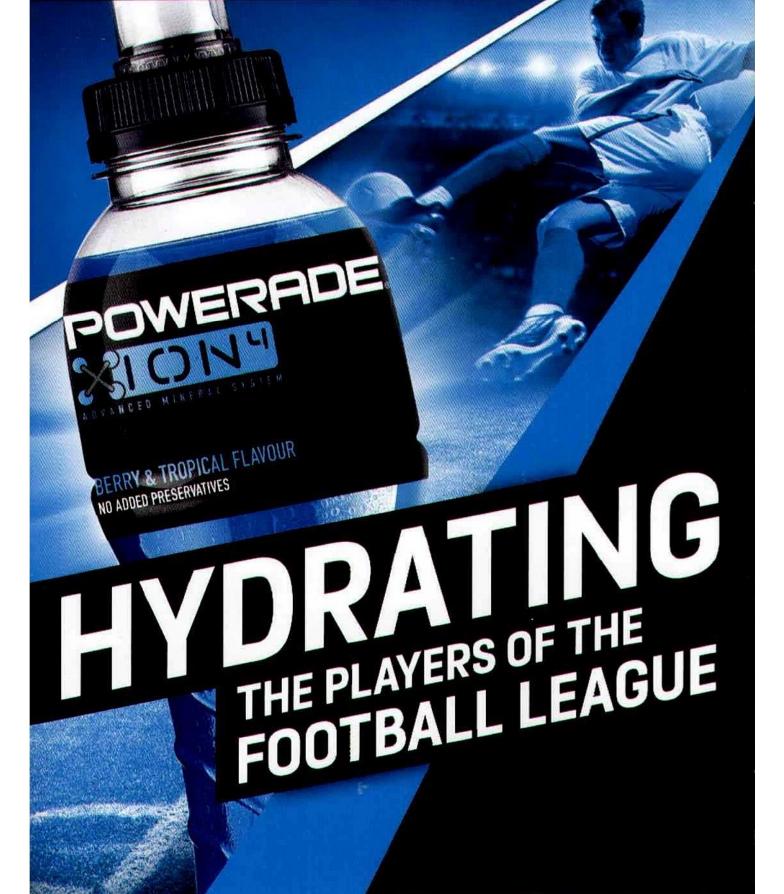
Blondes or brunettes: Not easy that but I'll say blondes.

Sweets or crisps: Crisps.

Blackberry or iPhone: iPhone.











# BACK OF THE NET MEETS JON-PAUL MCGOVERN

MIDFIELDER **JON-PAUL MCGOVERN** JOINED UNITED ON A TWO-YEAR DEAL IN THE SUMMER OF 2011 AND HIS SINCE BECOME A MAINSTAY OF A SIDE WHICH HAS PLAYED SOME EYE-CATCHING AND ATTRACTIVE FOOTBAC



**Back of the Net** sat down with Mr McGovern last week to put a little bit more in the way of meat onto the bones of what has been a very enjoyable career thus far.

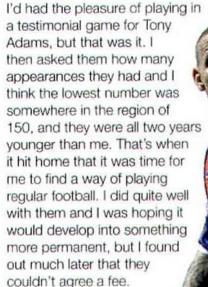
You were picked up as a youngster by Celtic. How did that happen? We had a system in Scotland where you played with your own boys club. I was with Hillwood and quite a few good players have come from there. While I was playing with them I was lucky enough to be given the chance to train with Celtic, Rangers and Aberdeen and they were all different experiences for me. At the end of it all it was between Celtic and Aberdeen and I didn't feel that I was ready to leave home, so Celtic got the nod. It was at that stage I think I realised I would be leaving school when I turned 16 and that it would be full-time football for me.

Being Glasgow-born, is it right to guess that your loyalties were with Celtic? I'd probably have to say you were right. My dad is a massive Celtic fan even though my mum came from a Rangers background. My dad used to take me to the games but they have both been unbelievably supportive with everything I've ever done. Dad didn't have a driving licence, and I don't think that bothered him, but when he saw the amount of travelling I was doing to play my football he decided the best thing for all of us was for him to learn to drive. Off he went and did that, and I don't think you appreciate until later in life how much that means and how much some people are prepared to do for you. Being at a club like Celtic means you get to train with the best of the best from a young age. It was a great education in how to play football and how to do things properly. It was a fantastic experience but, looking back, my feelings about it are a little bit mixed. It gave me a real grounding in the

game, but I'll always be disappointed that it didn't work out as I wanted it to. I was a late developer in terms of growing and getting physically bigger, so I was a bit behind everyone else if I'm being honest. Being with a bigger club allowed me the opportunity to develop in my own time and there wasn't a feeling that I was being forced into playing for the first team when I wasn't ready. I appreciated that and it's something that might not have happened had I been with a smaller club.

#### You were sent out on loan to Sheffield United?

That was nerve-wracking but also very enjoyable. One of the things which stood out from that loan was doing a pre-match warm up with Jagielka, Tonge and Montgomery, just after I got there, and they were asking me how many games I'd played for Celtic. I told them I'd been on the bench a couple of times but that I was still waiting to play a first team game.

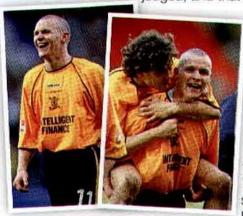


# BACK OF THE NET MEETS JON-PAUL MCGOVERN

What was it like playing for a club of that size? It was unbelievable. I'd gone from playing on a Monday night in front of 200 people and a couple of dogs ... unless it was Rangers and you could get 5,000 easily for a reserve game ... to travelling down to Portsmouth to play in front of 26,000 people. I was in the starting eleven for the game after that and I managed to score a goal, which made things even better. My dad was there to see it as well so it was a good moment for both of us. Off the pitch they put me up in the Hilton hotel and I'd never seen anything like it. People were bending over backwards to help with even the smallest of things and I was made to feel really welcome.

So how did you end up at Livingston and not in Sheffield? I went back to Celtic and it was a return to reserve football for me. The loan had done me good because suddenly a few clubs were interested. I had a bit of a debate with my manager, Martin O'Neill, because he wanted me to stay for another year to see how it went. I told him I was ready to go and play some regular football and he ended up giving me an ultimatum - go to Livingston or stay with Celtic. The need to play football took over and Livingston were a good, family club at the time. It was still fairly local so I could drop my washing at my mum's house, get her to make me some dinner and then go back to my own place and watch some TV. It was the best of both worlds. The manager was a Brazilian called Maximo and he was all about playing football the right way. He told me before I signed that I was going to get 25 games in a row before I was going to be

judged, and that's exactly what I



was looking for.
Unfortunately
he only lasted
six games and
he was gone.
After that it never
really worked
out for me, but
I was lucky
that a Sheffield
Wednesday
scout called Peter
Eustace had kept

an eye on me. He had liked what he'd seen me do and I was invited down for a couple of

days at the end of the season. I arrived on a Monday



morning and I had signed the contract with the management team, Chris Turner and Colin West, by tea time the same day. The best way to describe that one is that it was a big chunk of luck, but that's football all over.

Did the fact that it was one of the biggest clubs in the country at the time make it easier for you to make the move away from Scotland?

It was one of the best experiences of my life. I still get goose bumps now when I talk about my time there. I'd left home and I'd left Livingston as a squad player, even though I'd won a medal and a cup, and I went into a club which seemed to have a real place for me. We played Everton in pre-season and there was a bit of banter from the fans because of the loan spell I'd had across the city. The staff got me out meeting people and doing a few signing sessions and I started to get a rapport going with them. We got well beaten in the first game of the season but I picked up the man-of-the-match award and things kicked on from there. In the space of three months it had changed from coming off the bench for my appearances to being a fan's favourite. I played every game that season and to then score in the semi-final and the final of the play-offs rounded off a wonderful year. My mum still calls it Roy of the Rovers stuff and she isn't too far wrong, to be fair.

What was it like to walk out at the Millennium Stadium for a game like that? I think it's the biggest game of my career. There was so much expectancy surrounding the club that I don't think losing was an option. To help to get them the victory



was fantastic and I have nothing but good things to say about my whole time in Sheffield. It's a working man's city and I think they appreciate anyone who goes in there and gives it everything. We had a really good team as well so everything slotted into place. I remember sitting in the dressing room after the game and some of the older players were telling us to try and take in as much as we could. I did try to soak it up but much of it is still a blur. I do remember a sea of blue and white parting as we made our way through Cardiff in the bus and I had some of mates saving there are actually people here with McGovern on the back of their shirts, what's that all about!' I've played at Wembley since but as far as an experience goes I'm not sure I'll ever beat that one. We were stopped on the motorway on the way home and the lads got off the bus and did a Conga with the trophy, and it's daft little things like that which make the whole thing unforgettable. My wife is from Sheffield and my son was born there, so we have strong links with the place anyway. We still get people who stop us to talk about their Cardiff weekend and that's really nice. Another daft thing we did came about because I'd watched the film Any Given Sunday the night before the game with Glenn Whelan. We decided we'd try one of the celebrations from that if either of us got a goal. As it turned out, we both did, and the whole celebration thing just went horribly wrong. That along with the Mohican hair style I opted for come back to haunt me to this day.

How did you end up at MK Dons? I'd played that season with two slipped discs and I just wasn't fit when I came back for the following season. I'd had two epidurals to try and settle things down and within three days of getting back to full training I tore

my thigh muscle. I was out for three months and within days of returning that time I tore it again. My contract was coming up, and we just weren't anywhere near sorting another one out, so I had to look elsewhere. I'd worked with Kevin Blackwell at Sheffield United and he was at Leeds, so I was due to go on trial up there to see if we could do

something. I then got a call from Martin Allen and he told me that I had a definite offer if I went across to MK Dons instead. I flew down there the next day and I met Pete Winkelman and Martin, and they really sold the place to me. Pete is comfortably in the top three of the nicest people I have ever met. He took me into his home and explained what his vision was for the club and I had no problem at all in going to league two. Again, with the benefit of hindsight, I should probably have staved there for longer than I did. We made the play-offs and we were gutted when we lost because we had a really good side.

You did decide to leave but was that because it was Paul Sturrock who made the call? Yes, I knew him well from Sheffield and he had tried to sign me twice for Swindon already. I became one of those transfer deadline day signings the following season and all I can say about that is that it's complete madness. I signed for Swindon wearing an MK Dons tracksuit and t-shirt but with one of

their shirts over the top of it. I still don't know how we got away with that.

Is it right to describe your time there as four great years? When you talk about highs and lows I had it all there, so great is too strong a word. It was four years of mixed emotions. Paul Sturrock left and joined Plymouth and that soured things a little bit because I had signed to play for him. At Wednesday he had played a very rigid 4-4-2 and he liked his wide players to get crosses in early. That suited me down to the around. But, like I say, he left and we also



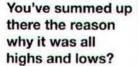
# EE SJONEPAUL MEGIO

so there was a massive uncertainty around everything we did. We had periods where wages weren't being paid but we somehow muddled along. Danny Wilson eventually came in and I was injured for a couple of weeks after he took over. He had picked his team by then and I struggled to break into it. I had to wait until the next pre-season when I went in fit and ready to go, but Danny pulled me to one side and told me I wasn't really his kind of player. He wanted a winger who would sprint past defenders and do things that way. I told him I hadn't been that kind of player since I was 12 years old and we left it at that. We went to Gillingham for the first game of that season and we got absolutely hammered, so he picked me for the

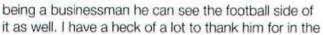
next one. I played every game for him after that. That wasn't bad for somebody who had been told he wasn't going to feature. We had a fantastic season with Charlie Austin and Billy Paynter scoring goals for fun and we were very confident going into the play-off final. For some reason, however, we just didn't perform. Millwall were a big, physical side and they had a certain way of playing which worked for them. Getting to Wembley was a real high but losing when we didn't really do ourselves justice was a real low point

for us all. We let a few players go in the summer and we lost the balance a little bit. Billy Paynter moved to Leeds and that was a blow. I don't think he got the credit he deserved because every striker he played beside scored at least 20 goals. That isn't a coincidence but you see it quite often in football that people don't realise the player they have until he isn't playing for them any more. I also don't think that group ever really recovered from the Wembley defeat

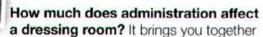
> relegation we had to endure the following



Through it all the one thing I can say is that Swindon is a fantastic club. Jeremy Wray has come in as chairman and he has made a massive difference. As well as



way he allowed me to leave. I spoke to him and explained my family situation and he accepted that I wasn't happy off the pitch. He made it as easy as he could for me to find another club and I owe him a really big thank you. The club has lovely people from top to bottom and it's still nice to see them all again. The town itself is a great place to live and it's good to see them doing well again on the pitch.



more than anything else. People talk about footballers as rich superstars with no worries, but that isn't the case. If you have played your career at this level, or at league two with the odd year in the Championship, you have the same problems as everyone else. You have your family to look after, you have a house to pay for and your bills still drop on the mat. When you're told you won't be getting paid it is a real worry. You become acutely aware of the date of your mortgage payment and things like that, and when the money doesn't go in you panic as much as anyone else would if they were in that position. It was a tough time and I think the Swindon fans have Jeremy to thank as well. He came in and steadied the ship just when it was needed most.

#### Was it tough to leave it behind after four years?

Yes, because I think you get used to how things are done. Being there for that long makes it feel like home. However, you have to weigh up your personal situation and treat it like a new challenge. Jeremy let





me speak to other clubs and Greg Abbott was very persuasive when it came to coming up here. I met him in a hotel at a service station initially and the type of football he wanted to play at Carlisle had me hooked. There was an opportunity for me to go over to Cyprus and I won't deny the contract offer to go there was very good.

However, it was the football side of things and the needs of my family which was attractive with Carlisle United.

For the Swindon fans reading this can you confirm your highest high and your lowest low from your time at the County Ground? Getting to Wembley and playing there is the high. We deserved it, and the penalty away win at Charlton in the semi-finals, when we only had ten men, was one heck of a buzz. The low is an obvious one – relegation. I don't think anyone wants that on their CV. I've experienced it and I didn't enjoy it one bit. Danny Wilson had a way of doing things, but they brought Paul Hart in and it just didn't work. We couldn't do enough to prevent it and I don't ever want to go through it again.

Your new challenge is here at Carlisle United now? Yes, and I'm just getting back to full fitness if I'm being honest. I had a double hernia operation a month before the season kicked off and then I was actually in hospital with a burst blood vessel and an infection. I had to fight against that and try to play catch-up at the same time. There are no excuses there, because I'm playing and I have to be judged on what I produce.

Are you enjoying the role you have here? I've been involved in creating chances and that's my job, but I know I need to add more goals to my game. I think the manager knows I cover the ground and I work to the shape, so if he's given me specific orders on what to do to stop the opposition from playing I'll work to that as well. Brad Potts has come in and done really well and it's been my job to play in a little

bit more of a defensive way to protect him. It's also really interesting at the moment with the way Dave Symington is coming through. He's a great talent from what I've seen and he has a bit of everything. He's just learning the game and I'd like to think I can be part of that process for him. He has the raw attributes with the pace and the power, and his shooting is a real threat. He's only going to get better in my opinion and I just hope that I can help him along the way.

What about the future? I came to Carlisle hoping that it would be a project in terms of how it would go for me and I seemed to take a fair bit of stick during the summer because people weren't sure what I was doing. I don't remember doing an interview anywhere where I said I wanted to leave. In fact, I've never ever said I wanted to leave. I'm very settled here. My missus and little boy come to the games and he loves being here in his Carlisle strip. That's important for me because it helps to make me feel even more settled. There was a lot of talk about me moving on, but that's all it was. It was paper talk that was the result of a few different things. Yes, I did have contact with a couple of managers but that was simply because I'd done well for Carlisle. It's nice for people to suggest that they would like to have you but my position was that I was a Carlisle United player and I'm happy with that. I want to be playing and I want to be successful, so that's all I'll keep trying to do.





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# Paul Proudlock: Talent and Regret



Take any period of Carlisle United's history and you can usually point to a player who never quite managed to fulfil their true potential.

Even by his own admission, Paul Proudlock would fit into that category. A guest on our Friday night sport show a couple of weeks back, Paul was a forward of undoubted natural ability.

His career began as a junior with Middlesbrough at the age of 15 but he soon found himself back playing amateur football within a couple of years. Bruce Rioch offered him a route back into Ayresome Park within the space of twelve months following an impressive trial against a Manchester United XI at Old Trafford after which he signed his first professional forms.

Two goals on his senior debut were followed by another in his next game but a cruciate ligament injury suffered in that second appearance for the club kept him out of football for a year and was something, by his own admittance, that he never managed to fully recover from.

A long road back to fitness brought about few first-team opportunities with a Boro side full of emerging local talent - Pallister, Mowbray, Cooper, Ripley, Parkinson, Pears, Gill. Within three years - and a brief spell in semi-professional football in Sweden - he was on his way out and on his way into Brunton Park.

It was at Carlisle, under manager Clive Middlemass, where Paul would get regular first-team football for the first time in his career.

"I walked into the dressing room for the first time and all the strips were on the changing room floor and you were picking all the gear up with holes in the tops and shorts" he told us. "I was thinking 'Oh my God, what have I done?""

Paul quickly made a big impression with the Carlisle support where his obvious talents were appreciated perhaps for the first time in his career. The memorable games - two great goals against Wrexham in the cup and the goal past Peter Shilton against Derby in the Rumbelows Cup.

"Eric Gates had gone down the line past Mark Wright and chipped a ball to the back post and I just volleyed it into the corner." he remembered. "I also remember it because I won a telly for man of the match."

The mention of Gates also prompts a staunch defence of the man muchderided by the Carlisle support during his time with the club.

The got nothing bad to say about Eric." Paul told me. The supporters got the wrong impression of him, he was

passionate about the game and was always upset when we lost. He had a great touch and great vision ... he was like a great snooker player and was always two shots ahead of everyone else."

Paul was pretty honest in his assessment of a potential unfulfilled after walking away from the professional game after four years at Carlisle at the age of just 27.

"I wish things had panned-out a different way" he admitted.

There are, of course, far sadder tales of wasted talents players whose promising careers were wrecked by illness of injury - which makes Paul's reluctance to set-up home away from his native North East all those years ago appear all the more frustrating and perhaps the one big metaphorical barrier that prevented a good player from becoming a very good one.

"I was committed to football but I was married and my wife had a teaching job and didn't want to move. I was staying in digs and if you're not doing anything on a Monday or Tuesday night you tend to sit around twiddling your thumbs or go out for a pint and end up eating crap."

Paul cited the arrival of Michael Knighton in 1992 as the catalyst for his eventual departure from Carlisle - and, utlimately, from the professional game.

"The fans were brilliant to me and I had a few great years there and thoroughly enjoyed it." he said. " (But) when Michael Knighton took over he had a lot of say (in first team affairs).

"I didn't like him, it was all about him. I was walking down a corridor one day and he said 'Hello Mr Proudlock, I've seen you play twice and I've not been very impressed' and kept on walking and never looked back. He was a strange, strange man."

There was an opportunity to stay in the professional game with Crewe following an approach from Dario Gradi but Paul had decided he'd had enough.

"I jumped the gun." he said. "I should have taken the opportunity to go to Crewe ... it did end on a sour note and towards the end I just wasn't enjoying it."

Paul went semi-professional with Gateshead while also taking-up a college course to earn qualifications in building. While the standard of non-league football impressed him during his eight years at the International Stadium, the realisation that he had made a mistake in walking away from the professional game was always there.

Paul Proudlock, another story of talent and regret. But this one is tinged with the modesty and honesty of a player who perhaps never fully realised just how good he was until it was too late.

Paul Newton - BBC Radio Cumbria Sports Editor

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# PORTSMOUTH CARLISLE UNITED

Saturday 25 August 2012

### United 4 – 2 Pompey

Carlisle United: Collin, Simek, Livesey, Murphy, Chantler, McGovern, Noble, Berrett, Robson, Cadamarteri (Madden 76), Jervis. Subs - Gillespie, Thirlwell, Edwards, Potts, Beck, Symington. Goals: Jervis (13), Livesey (47), Berrett (90+3), Madden (90+5) Bookings: Noble (58), Robson (61), McGovern (74)

Portsmouth: Andersen, Dumbuya, Harley, Long, Walker, Howard, McLeod (Clifford 77), Rodgers (Harris 77), Compton, Connolly, Webster (Obita 35). Subs - Eastwood. Goals: Harris (88), Clifford (90+3) Bookings: Harley (40), Long (45 & 84 - sent off), Connolly (87)

Att: 5,120 (647 away fans)

Ref: Mr E Ilderton

United manager Greg Abbott shuffled his starting pack following the disappointing Tuesday night result against Tranmere with Chris Chantler, Peter Murphy and debut boy Jake Jervis coming into the starting line-up at the expense of Alessio Bugno, Mike Edwards and Paul Thirlwell.

The keyword for us throughout last week was response," he said. "We wanted to see the players get out there and show us the determination and energy which we felt was missing from Tuesday night. They did that and they got their victory for it ... in the end.

"Just once I'd love to be able to sit back and enjoy a win. Yet again we've gone through the mill, but we've kept going and I'm delighted for the players. We've got the first league win of the season under our belt and our record at the moment isn't too bad."

The Cumbrians started in determined mood and an early McGovern cross was flicked on by Berrett inside the area. Robson went for a firsttime volley but it spun off his boot and fell invitingly for Jervis. The big striker set himself but he was off balance and he skied his shot over the bar.

The blue tide swept forward and Robson went close with a rasping free

kick from 30-yards which whisked just past the angle of post and bar.

> Cadamarteri was next to work some space and his persistence led to an opening for Jervis as he made a run across the first defender. His glanced header was accurate but Andersen was in the right place to claim it.

The deserved goal came on 13 minutes when McGovern once again did the donkey work to create an opening. He robbed the ball off Harley and measured his cross perfectly. Newboy Jake Jervis did the rest with a



PORTSMOUTH FO



# PORTSMOUTH ACTION

### Saturday 25 August 2012

beautifully weighted header past the full length dive of the Pompey stopper.

"I seem to have a knack of scoring on my debut." Jervis explained. "I've done it at a few of the clubs I've been with on-loan and it's always good to get a goal.

"I saw the ball coming across and you just try to react to it. When you get the connection you try to put it as far away from the keeper as you can, and I managed to do that."

The visitors registered their first effort of note on 28 minutes when the awkward Izale McLeod took matters into his own hands but his 25-yard shot was pulled well wide in the end.

Luke Rodgers did the same when he tried his luck under pressure from Livesey, and Carlisle reasserted themselves as they closed ranks in midfield and recaptured the passing momentum.

Matt Robson found space on the left just before the break and it needed a brave block from Long to stop a shot from angling in. Cadamarteri raced onto the loose ball and his pass to Berrett opened a path to the edge of the box for Noble. Another snapshot

when his thunderbolt whistled straight into Andersen's midriff.

However, the moment of the half belonged to McLeod

when he tound himself

one-on-one with Collin. He took his eye off the ball, swung his leg at thin air and landed in a heap accompanied by cheers from the Warwick Road End fans behind the goal.

The Cumbrians came out of the second half traps at full tilt and Jervis brought a fine save out of Andersen with a curling shot which was heading for the back of the net. The Portsmouth reprieve was short-lived when Danny Livesey stepped away from his marker at the resulting corner and popped his header over the keeper to double the lead.

Robson and Jervis had efforts go just wide as the home side tried to kill things off but Portsmouth started to find space as they threw men forward. Compton was first to test the target and Walker brought the best out of Collin as the visitors grew in confidence in front of goal.







The Cumbrian goal lived a charmed life on 75 minutes when Obita dropped his shoulder and let on fly as he bore down on the target. The ball rattled the underside of the crossbar, bounced on the line and was helped on its way to safety by the attentive Peter Murphy.

Collin needed strong hands as the clock ticked into the last ten minutes when Howard crunched a shot through a gaggle of bodies and it appeared that

Portsmouth were left with a mountain to climb when Kevin Long was shown a second yellow card moments later.

But the incident galvanised the troubled south coast outfit and they regained a foothold in the game when Harris finished off an untidy move.



Carlisle responded and a break from Jervis brought a fine save from Andersen as the pair went toe-totoe. Unfortunately for him James Berrett reacted first and he kept his cool to pass the ball into the net. Now into time added on, the action kept coming and Clifford stabbed home a scramble in the

area to send the sizeable travelling support into celebration mode.

But substitute
Paddy Madden
sealed the points
with the last kick
of the game when
he followed up on
a parried save from
a McGovern shot
to score his first
goal of the season
on his return from
a frustrating injury
niggle.



"A lot of what we

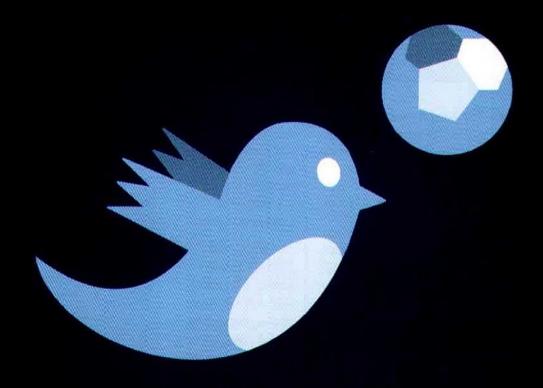
saw was fantastic and there was certainly plenty of excitement out there," Abbott concluded. "I'd have preferred it to end 2-0 if you really push me on it, because things like that are really tough to watch as a manager.

"You ask me what I've learned about the group from that last ten minutes - I can tell you I've learned absolutely nothing. It was about passion and energy, and credit to them for seeing it through."









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# YOU'RE ON YOUR OWN

EACH WEEK FROM NOW ON **Back of the Net** WILL BE SENDING ONE OF THE LADS TO THE BACK OF BEYOND - INTO THE DEEP, DARK WILDERNESS - ARMED ONLY WITH WHATEVER WE ALLOW HIM TO TAKE ON THE FLIGHT.

To be fair, and as you'll see, we're actually being quite generous.

This week, long serving defender Peter Murphy has his passport removed ...

## Which female (not the other half) would you take with you (just for the company)?

It would have to be my mother so she could look after me (I'm clearly going to have to change the way this question is worded – Ed).

## Which player would you take with you, and why?

Liam Noble – he's a tool and I could use him to build things.

## Which player would you definitely not take with you, and why?

Paddy Madden – another tool ... but one that isn't much use.

#### We'll deliver one food type, and one food type only, every day. What will it be?

I think it would have to be steak to help to sustain me for a long period of time.

# You can have one type of drink, and one only, which we'll deliver at the same time?

Water would be fine for me.

## Which gadget can you not live without?

The chargers to go with all of this electrical equipment you are inexplicably allowing me to take.

#### You can have a telly and a DVD player, so pick three DVD's to put in your bag?

it would probably be three box sets so I could mix things up a bit. NCIS, 24 and Pirates of the Caribbean to see how they did it.



#### You can tune into one channel, which will it be? Discovery HD so I can watch all of those survival type programmes and pick up a few tips.

### One item of clothing you couldn't do without?

A hammock so I could get away from it all (that isn't clothing but Murph was being hassled by the office staff at the time, so we'll let him off - Ed).



## You're allowed one toiletry item so which would you have to take?

Just one! You're giving me a whole house worth of other stuff and I'm only allowed one thing from my wash bag! Right ... I'll take my wash bag.

We'll let you have one book or magazine?
I'd take The Secret by Rhonda Byrne.

#### We're going to leave just two albums on your iPod. Which will they be?

Something by Anthony
Hamilton and a compilation
album of inspirational songs
and songs with a survival
theme.



## What would you say to your loved ones as you waved goodbye?

Don't worry about me, they're letting me have so much gear I don't think staying alive will be a problem at all!



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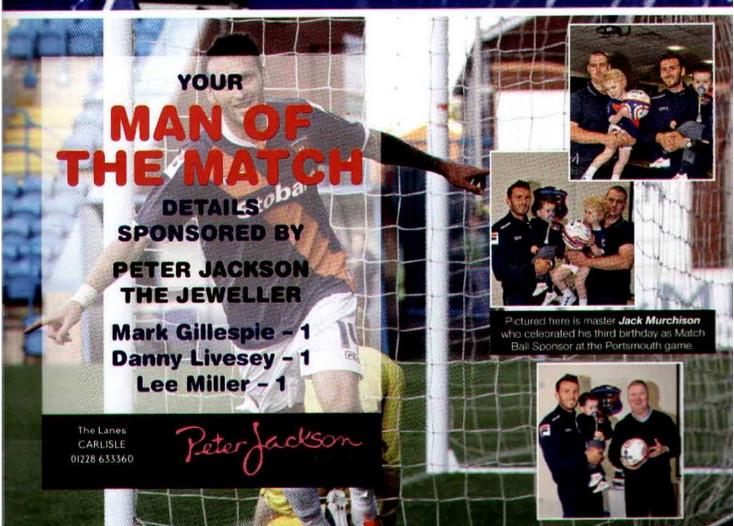
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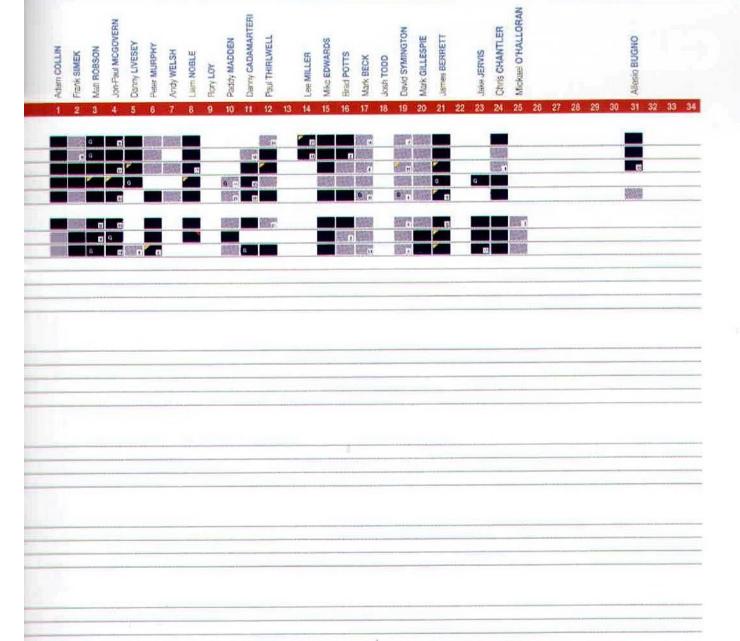
# SEASON APPEARANCES 2012/13

KEY	
Played	Substituted
Booked	Sent Off
Scored	Scored Twice
Scored (Penalty)	Used Sub
Unused Sub	Home fixtures in bold

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3	Stevenage	5	ti	2	0	2	2	5	0	0	4	1	3	Ž	0	6	3	11
4	Yaovi Town	5	1	1	1	3	3	ž	0	0	7	1	3	1	1	10	Ł	1
5	Sheffield United	5	2	0	6	6.	3	0	3	0	3	3	2	3	0	9	6	p
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10	MK Dons	5	2	п	0	4	0	0	1	2	1	3	ź	1	2	5	3	7
11	Swindon Town	5	2	n	1	4	1	0	1	1	1	4	2	1	2	5	5	7
12	Carlisle United	5	1	0	1	4	5	1	1	1	3	4	2	1	2	7	0	7
13	C/ewe Alexandra	5	1	1	1	2	2	1	0	1	3	6	2	1	2	5	8	7
14	Dancaster Boyers	4	1	0	1	2	2	1	0	1	4	2	2	0	2	6	4	6
15	Bournemouth:	.5	0	2	c	2	2	1	4	1	ž.	6	1	23		7	6	5
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17	Strewsbury Town	5	1	1	ū	2	1	ā	1	2	3	5	1	2	2	5	E	5
18	Hartlepool	4	1	1	1	1	2	0	0	1	0	2	1	1	2	2	4	4
19	Oldham Atrietic	4	0	1	1	1	2	1	0	1	1	2	1	1	2	2	4	4
20	Coverdey City	5	0	2	1	4	5	0	1	1	1	2	0	3	2	5	7	0
21	Leyton Orient	4	a	0	1	0	1	1	0	2	2	A	1	0	5	2	5	3
22	Colchester United	5	0	2	0	3	3	0	1	2	0	5	0	3	2	3	8	3
23	Bary	5	0	1	2	9	4	0	1	1	3	4	0	2	3	4	ā	2
24	Scunthorpe United	8	0	4	2	2	7	0	0	2	0	5	0	1	4	2	12	1

	Lge Appe	Los Goals	Cup	Oup Goals	Yellows	Feds	Total Goale
Mark Beck	0(2)		0 (2)	1	100		1
James Berrett	- 5		3		.4		1
Alessio Bugno	2		1		N.		16
Danny Cadamarteri	4(1)						
Chris Chantler	311)		3				
Adam Collin	4		2				
Mike Edwards	4		3				1
Mark Gillespie							
Jake Jervis							1
Danny Livesey	3 (1)	4	-1-		1		1
Rory Loy							
Patrick Madden	0(1)	11	2		100		1
Jon-Paul McGovern	5		3				
Lee Miller	1		1	441	1		
Peter Murphy							
Liam Noble	4		3	-	1	1	Æ
Michael O'Halloran	0.(1)						
Brad Potts	2		2(1)				
Matthew Robson	5	2	3	1	1		3
Frank Simek	3(1)	4					
David Symington	0 (3)		0(2)	1	. 1		1
Paul Thirtwell	3(1)		1(1)		1		-
Josh Todd	-					MAIL.	
Andy Welsh							
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DATE	H/	A TIME	OPPONENTS	COMP	RES	POS	PTS	SHIRT	ATT	AWAY	REF
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SEPTE	-	-	IPSWICH TOWN	CAPZ	2-1 aet	-	and a	В	3296	390	Mathe
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Sat 8	н	15:00	Sheffield United	FL1							
Set 15	A	15:00	Shrewsbury Town	FL1							117
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Sat 5	Α	15:00	Swindon Town	FL1							
Sat 12	Н	15:00	Coventry City	FL1							
Sat 19	Α	15:00	Crawley Town	FL1							
Sat 26	H	15:00	Scunthorpe United	FL1							
FEBRU/	YRY										
Sat 2	A	15:00	Tranmere Royers	FL1							
Sat 9	Н	15:00	Stevenage	FL1							
Sat 16	A	The second second	Portsmouth	FL1							
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Sat 23	н		Yeovil Town	FL1							
Fri 29	н	15:00	Shrewsbury Town	FL1							
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Mon 1	A	15:00	Sheffield United	FL1							
Set 6	A	THE RESERVE	Oldham Athletic	FL1			_				
Sat 13	Н	-	Preston North End	FL1							
Sat 20	Α	15:00	Bournemouth	FL1							
Sat 27	н	manufacture of the last	Colchester United								_
301.27	n	10:00	Colchester United	FL1							





new lines arriving all the time! TODAYS MASCOT

Favourite player - Matt Robson & Rory Loy

Favourite other player - Lionel Messi

Favourite colour - Blue

Favourite food - Chocolate

Favourite TV programme - Young Justice

Hobbies - Playing football

Favourite song - Bonkers by Dizzee Rascal

Most looking forward to - Running onto the pitch with the team

## **CLUB STATS 2012**

#### PLAYER CAREER APPEARANCES FOR CARLISLE UNITED

	LEAG	LEAGUE		JP	OTHER	CUP	TOTAL	
	Apps	Gls	Apps	Gls	Apps	Gls	Apps	Gls
Mark BECK	0 (4)	0	0	0	0(2)	1	0 (6)	1
James BERRETT	93	20	5	1.	13	0	111	21
Alessio BUGNO	2	0	0.	.0	1	0	3	0
Danny CADAMARTERI	4 (1)	1	0	0	1	0	5(1)	- 1
Tony CAIG	224	0	13	0	47	0	284	0
Chris CHANTLER	13 (3)	0	0 (1)	0	3	0	16 (4)	0
Adam COLLIN	125	0	7	0	17	0	149	0
Mike EDWARDS	4	0	0	0	3	0	7	0
Mark GILLESPIE	1 (1)	0	0	0	To the second	0	2(1)	0
Jake JERVIS	3	1	0	0	1	0	4	1
Graham KAVANAGH	62 (2)	7	7	1	6(1)	3	75 (3)	- 11
Danny LIVESEY	231 (12)	18	11 (1)	0	31 (1)	1	273 (14)	19
Rory LOY	23 (14)	4	2	1	1 (4)	0	26 (18)	5
Patrick MADDEN	7 (24)	2	0(1)	0	1(2)	0	8 (27)	2
Jon-Paul MCGOVERN	45 (5)	3	2	0	5(1)	3	52 (6)	6
Lee MILLER	34	14	2	1	2	0	38	15
Peter MURPHY	377 (23)	22	15	0	42(2)	7	434 (25)	29
Liam NOBLE	54 (11)	9	2	1	8(1)	0	64 (12)	10
Michael O'HALLORAN	0(1)	0	0	0	0	0	0(1)	0
Brad POTTS	2	0	0	0	2(1)	0	4(1)	0
Matthew ROBSON	96 (17)	10	9	0	18 (3)	4	123 (20)	14
Frank SIMEK	74 (1)	0	3	0	8	0	85 (1)	0
David SYMINGTON	0(3)	0	0	0	0(2)	1	0 (5)	1
Paul THIRLWELL	144 (15)	7	4 (1)	0	15 (3)	0	163 (19)	7
Josh TODD	0	0	0	0	0	0	0	0
Andy WELSH	4 (16)	0	0	0	2(1)	0	6 (17)	0

### GOOOOOOAAAAAALLLLLL! - HITTING THE NET THIS SEASON

PLAYER	LEAGUE	CAPITAL ONE CUP	FA CUP	JPT	TOTAL
Matt Robson	2	1			3
Jake <b>Jervis</b>	1				1
Danny Livesey	1				1
James Berrett	1				1
Paddy Madden	1		THE RESERVE	With the same	1
Mark Beck		1			1
Dave Symington		1			1
Jon-Paul McGovern				1	1
Danny Cadamarteri	1				1
OWN GOALS FOR					
				CLUB TOTAL	11

Played	8
Carlisle United score first goal	3
Opponents score first goal	5
No goals scored	0
United score first goal and win	2
United score first goal and draw	. 1
United score first goal and lose	0
United fail to score	2
Opponents score first goal and win	2
Opponents score first goal and draw	. 1
Opponents score first goal and lose	2
Opponents fail to score	1

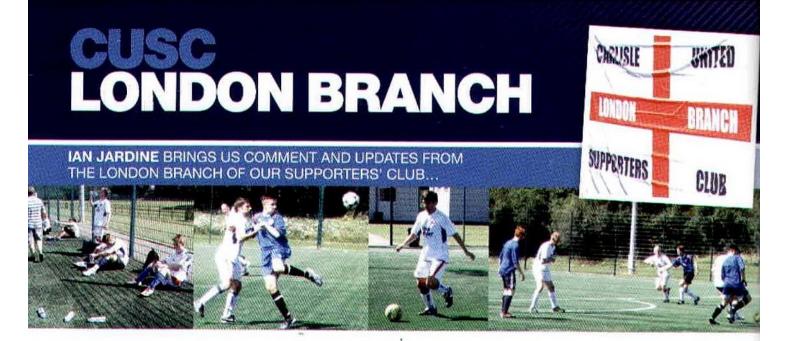
	0-15	16-30	31-45	46-60	61-75	76-90
Conceded	3	2	1	0	2	3
Scored	1	0	1	1	2	6
First Half I	Record					
		on 2	Los	t 5	Drawn	1 1
Second H	alf Reco			THE REAL PROPERTY.		
Played	8 W	/on 3	Los	t 2	Drawi	3
THEY	ALL C	TNUO				
	rested t	he goals		alask .		Name
How we c	i carea r				a Male	4
How we c	9	Comer	1	Fre	e Kick	
and the same of th	SADOVA PLEVANCE	Comer	1	MONEY.	OTAL	11
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Free Play Penalty	9		oals	T		11

### FORM GUIDE

Home			F-A	Away			F-A
Sep 4	Preston North End	(np1)	1-1	Sep 8	Hartlepool United	(np1)	2-1
Aug 28	Ipswich Town	(Cap1)	2-1	Sep 1	MK Dons	(np1)	0-2
Aug 25	Portsmouth	(np1)	4-2	Aug 18	Stevenage	(np1)	1-1
Aug 21	Tranmere Rovers	(np1)	0-3	May 5	Oldham Athletic	(np1)	1-2
Aug 11	Accrington Stanley	(np1)	1-0	Apr 21	Sheffield Wednesday	(np1)	1-2
Apr 28	Exeter City	(np1)	4-1	Apr 17	Stevenage	(np1)	0-1

### PICK A CARD, ANY CARD

	LEA	GUE	CI	UP	TOT	TAL
PLAYER	Y	R	Υ	R	Υ	R
Lee MILLER			1		1	
James BERRETT	1				1	
Danny LIVESEY	1				1	
Paul THIRLWELL	1				1	
David SYMINGTON	1				1	
Liam NOBLE	1			1	1	1
Matthew ROBSON	1				1	
Jon-Paul MCGOVERN	1				1	
Peter MURPHY	1				1	
			C	LUB TOTAL	12	1



The London Branch's very own 'Special One,' Chris Tembey, brings us up to date with the football squad's exploits over the summer, under his management ...

"We took a healthy squad of 15 to the Supporters Direct Tournament held in Enfield on Sunday July 8th and despite the long grass and grey skies a great morning of football was had and enjoyed by all.

It was a mixed bag resultswise. Barnet blew us away in the opener (0-4) and we ran

out of steam in our final game against Watford (0-3) but even now these both fall under the shadow of a truly memorable and thrilling game against West Ham. A 4-2 victory may not quite have made up for the 0-12 Cup loss endured last season – but it went a long way and felt bloody good too! Every one, to a man, pulled out the stops and we were in the end worthy winners against far better opposition – on paper! (Not to be forgotten that the 'Ammers play 20+ games a season.) We always managed to keep our noses in front, a red card and penalty conversion helped us but still, it really made the trip worthwhile! Barnet won our group and progressed to the Final where they were beaten 1-0 by Wimbledon."

First day of the new season and a supporters match in the morning, across the road from the Stevenage ground ...

"We appear to face an endless fixture list of well drilled teams, who play 20 games a season and even have the cheek to call mid-week training sessions. Stevenage is no exception and having been beaten by the Hertfordshire lads 0-5 last season we at least went into this one knowing what to expect. Stevenage scored from their first attack. After 15 minutes we were 0-3 down and in the blistering heat we feared the

worst. Amazingly from that point on each of our threadbare squad of 12 put in one hell of a shift. A fourth was added near the end when the young skilful Stevenage winger beat two tired Carlisle bodies (each virtually three times the kids age!) to slot in and complete the work out ... 0-4.

Stevenage were younger, fitter and better....but they'd had to work hard

for this win and we took a lot of credit for that. The food (kindly provided by Stevenage) and beer after the game had been well earned. Next up for CUSCLB FC is MK Dons, Saturday Sept 1st."

If you are an exile or happen to be around in the area on the morning of a game we are always on the lookout to boost squad numbers. So if you are the next Joe Hart or the 20 goal-a-season striker we all crave please contact football@carlislelondonbranch.org or check out http://www.carlislelondonbranch.org/index.html



## Simon Clarkson, Chairman of the London Branch of the Supporter's Club, says:

A warm welcome to season 2012-13 to United fans as well as exiles all around the world.

Such is the appeal of 'Hit the Barl', the Branch fanzine, that I know, without doubt, that it is read all over the world.

Even more so as a pdf, given recent ridiculous postage increases have increased electronic mailings. We want to see more varied content included this season, particularly alternative views, as some fans think we are too pro- Club. We only print what we receive, so over to you. There must be plenty of views out there including the proposed move to Kingmoor, so let's have them sent to editor@carlislelondonbranch.org.

Looking at team matters and comparing like for like against last season my view is that we have strengthened at left back and in the centre of defence with the signings of Bugno and Edwards. We have cover in all defensive positions with Potts coming in. There's no question that our midfield is strong despite the loss of Taiwo. As I write this after the Stevenage game, the fans are craving a striker after the departure of Zoko, even more so with the injury to Miller. It's a tough one for Greg as fans have repeatedly asked for him to give the youngsters a chance. Surely Beck is too raw and with Loy & Madden injured, a loan may be the best option. I was impressed with my first viewing of Cadamarteri.

Given there are four home game in a fortnight, I find no shame in repeating an earlier plea, "I hope that fans can be attracted to home games with a little bit of creativity around match-day offers as we adapt to the economic pressures. The club need to speculate to accumulate, be more creative with initiatives and not be afraid to get something wrong. Finding the balance between effective decision making and fans consultation is crucial."



Social interaction on match days is the main reason for people joining the London Branch. We are having a season off from any targeted fundraising but

we will still be donating around £5000 this season. Last season's mammoth effort put a great deal of pressure on some individuals who were heavily involved in organising "Shine the Light." Instead the Branch will attempt to concentrate on organising social events, another core activity. We want fans to have not only a great matchday with group travel and a social gathering but other opportunities to make new friendships, which we hope will last for life.

Fans who we have seen for years at games join up and everyone wishes they had done it sooner. I have set targets to increase membership which in the longer term will provide even more funds to the club, a positive outcome. Judging by the turnout at Stevenage and the brilliant day in the sunshine, it is without doubt the most enjoyable aspect of supporting CUFC. The major train disruptions after the match in some ways made the day out even more enjoyable as we shrugged our shoulders and just stood outside in the warm sun with a cold beer as consolation. Opportunity out of adversity.

Let's keep positive, get behind Greg and the team, so to make us all truly United.

#### Simon Clarkson

For more information about the Carlisle United Supporters' Club London Branch contact Bob Brookes, 51 Lavender Grove, York, YO26 5RX or call 01904 780 697.

Alternatively visit carlislelondonbranch.org for full details on membership and benefits.

# CARLISLE UTD in 1935/36

CLUB HISTORIAN **DAVID STEELE** CONTINUES WITH HIS STEP BY STEP JOURNEY, SEASON BY SEASON, WITH CARLISLE UNITED FOOTBALL CLUB...

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Darlington	42	16	9
Carlisle United	42	17	6
Gateshead	42	14	12
Barrow	42		14
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# BIG MATCH DETAILS

CARLISLE UNITED V SWINDON TOWN - Saturday 15th September 2012

### **CARLISLE UNITED**

	Manager - Greg Abbo	Start	Sub	0
1	Adam Collin			
2	Frank Simek			
3	Matt Robson			
4	Jon-Paul McGovern			
5	Danny Livesey			
6	Peter Murphy			
7	Andy Welsh			
8	Liam Noble			
9	Rory Loy			
10	Paddy Madden .			
11	Danny Cadamarteri			
12	Paul Thirlwell			
13				
14	Lee Miller			
15	Mike Edwards			
16	Brad Potts			
17	Mark Beck			
18	Josh Todd			
19	David Symington			
20	Mark Gillespie			
21	James Berrett			
22				
23	Jake Jervis			
24	Chris Chantler			
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31	Alessio Bugno			
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#### **SWINDON TOWN**

	Manager - Paolo Di Canio						
-		Start	Sub	G			
1	Wes Foderingham						
2	Troy Archibald-Henville	-					
3	Jay McEveley						
4	Aden Flint						
5	Joe Devera						
6	Alan Navarro						
7	Luke Rooney						
8	Simon Ferry						
9	James Collins						
10	Matt Ritchie						
11	Gary Roberts						
12	Alan McCormack						
13	Oliver Risser						
14	Paul Benson						
15	Nathan Thompson						
16	Andy Williams						
17	Paul Caddis						
18	Tommy Miller						
19	Louis Thompson						
20	Miles Storey						
21	Federico Bessone						
22	Darren Ward						
23	Raffaele De Vita						
24							
25	Giles Coke						
26							
27							
28	Adam Rooney						
29							
30	Leigh Bedwell						
31							
32	Chris Smith						
33	John Bostock						
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### **MATCH OFFICIALS**



REFEREE .	Mr Darren Drysdale	ASST. REFEREE	×	Mr Barry Gordon	
ASST. REFEREE	Mr Billy Khatib	4TH OFFICIAL 2	2	Mr Glen Hart	

A CONTRACTOR OF THE PARTY OF TH	CHAMPIONSHIP
LAST FIVE GAMES	LEAGUE TWO
CAMES	CAPITAL ONE CUP
Mathematical Committee	LEADUE ONE

CAPITAL ONE CUP	18/08/12	Oxford	2-2	Bournemouth	4	0
CHAMPIONSHIP	18/08/12	Ipswich	1-1	Blackburn	3	0
LEAGUE TWO	25/08/12	Chesterfield	2-1	Rotherham	4	0
CAPITAL ONE CUP	28/08/12	Leicester	1-2	Burton	1	0
LEAGUE ONE	8/09/12	Runy	1-0	Praeton		

HALF TIME SCORE

**ATTENDANCE** 

**FULL TIME SCORE** 

MAN OF THE MATCH

MATCH SPONSOR

MATCHBALL SPONSOR





### Mrs Anne Brown

NEXT HOME GAME



CREWE ALEXANDRA Tues. 18th September 2012 kick-off 7.45pm

NEXT AWAY LEAGUE GAME



**COVENTRY CITY** 

Sat. 22nd September 2012 kick-off 3.00pm

This issue is dedicated to the

memory of Colin Porter

#### Official Matchday Programme

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Official Photographs: Mark Fuller

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# THE TREATMENT ROOM WITH NEILE DALTON

ALL OF THE INJURY NEWS AND UPDATES AS THEY HAPPEN THIS SEASON...





Rory Loy is still having treatment with the specialist machine the surgeon got for him and that has worked well. He was back with the surgeon two weeks ago and he was very happy with the way things had progressed. We have to say thank you to Rangers and to one of their physiotherapists, Steve Walker, because they let him use their Alter-G anti-gravity treadmill last week. It's a very expensive piece of equipment which meant Rory could run at less than body weight. That means we could take all of the things we have been concerned about when he has been running out of the equation and it was a massive help to him. We think we've cracked it with him now and it's just a case of building him back up. He'll come back down here next week and we'll begin to do some work outside. It's still a very gradual process ahead as we start to apply more pressure on the injured area and as we ask him to do more, but things are progressing really well now. We still won't set a time scale on things because it is very much a day-by-day process. The good thing is that everything has healed and we have a clean slate to work from.



Lee Miller had his operation ten days ago and it was a big success. We were concerned following the x-ray and scan results because a significant amount of damage was shown. However, once they opened it up and got in there they found that it wasn't quite as bad as they thought it would be. They stabilised the ankle joint and took a little piece of bone away, and the prognosis from it is that we are hopeful we'll have him back at the start of next year. We were looking at mid-February before the operation so this process has cut four to six weeks off that initial assessment. He's in plaster right now, so it's a case of him resting it and looking after it as much as possible, and then we'll crack on from there.



### Why you should be a Trust member:

- + Shares bought by the fans for the community and held in Trust forever.
- + To support Carlisle United.
- A community asset.
- + More than just a business, a cultural asset
- + Ensures the club works in harmony with the community.
- + Helps to control and shape the future of the club.
- To promote good governance, transparency and openness at the club.
- £800,000 already raised and invested in CUFC.



Supporters Trust latest recruit

Joanne Merrie (member number

1754) pictured with Trust nominated
sponsored player Lee Miller
and chairman Norman Steel. All
supporters wish Lee a speedy
recovery from his ankle injury.

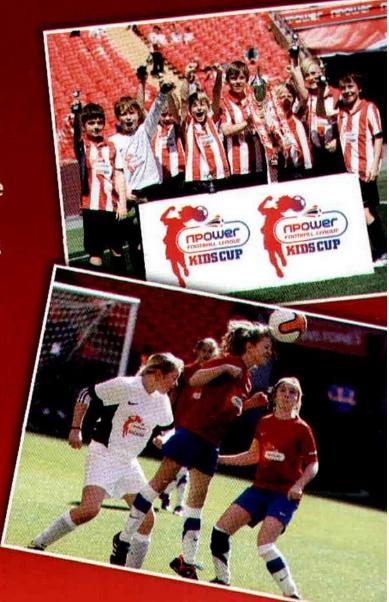
Become a Trust member by completing the application form available online at www.united-trust.org or by contacting Norman Steel at the club.

# Live the Dream

The npower Football
League Kids Cup & Girls
Cup competitions for U11
schoolchildren and U13 girls
culminate in finals played at
Wembley Stadium! There are
also great prizes for schools
to win along the way such as
team kits and footballs.

Show your children the importance of teamwork, the fun of playing football and the rewards of achievement.

Contact your Football League club to find out how your school could get involved.





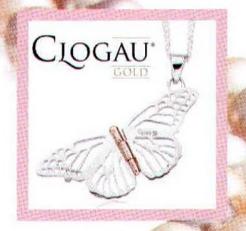


**TPOWER** 

Working in partnership with The Football League Trust we're also using young people's love of football to help them develop their skills and confidence in exciting ways.

Visit npower.com/getinvolved to find out more.

# Peter Jackson

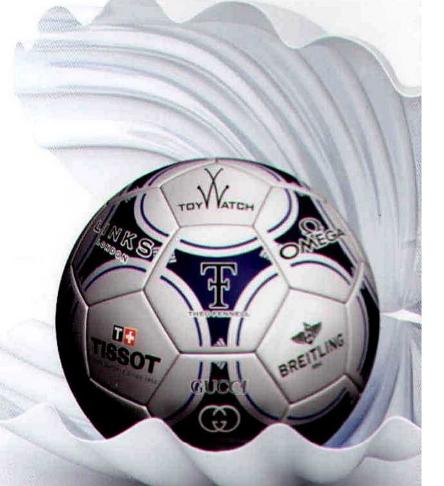








The Lanes, CARLISLE 01228 633360



www.peterjackson.co.uk